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THE SECRET BAT MAJES! Plust ambients of the secret bat majes and secret





Nuts' finest tuck into some Greggs hot cross buns

Simon Bird p34

Charles and Camilla felt confident of out-pacing the rioters this time

WELL, WE CAN ALWAYS DREAM!

Nuts EXCLUSIVE!

All new Lamborghini!

The Aventador LP 700-4 - Lambo's first new model for eight years!

- The Revention and Sesto Elemento concept cars aside, this is Lamborghini's first new model since the Gallardo in 2003.
- And boy, this is some replacement. The numbers next to the name signify the car's horsepower (a ludicrous 700bhp) and power train (their now standard fourwheel-drive powerplant).
- The important stuff:
 The engine's a naturally-aspirated, 6.5-litre, 700bhp,
 V12 thumper. It grunts the
 Aventador to a 0-62mph click of 2.9 seconds edging into hypercar territory and on to a top whack of 217mph.
- The main reason for these blistering figures is a superlight, all carbon-fibre, singlepiece monocoque, which
- weighs 148kg in its entirety. Because of this, the whole car weighs just 1,575kg.
- The power's channelled through special "ISR" (independent shifting rods) transmission, making for a faster, lighter gearbox and what Lamborghini call "the world's most emotional gear shift", It's quick, that's for sure, at a 50 millisecond blip.
- The cool stuff: like its predecessor, the Murcièlago, the Aventador has verticalopening "Lamborghini doors". And you start it by popping up a missile-like starter button cover.
- The Premier League price for this Premier League car?
 On the road for £242,280 for late summer delivery. In time for close season, Mr Rooney!

Nuts NEWS









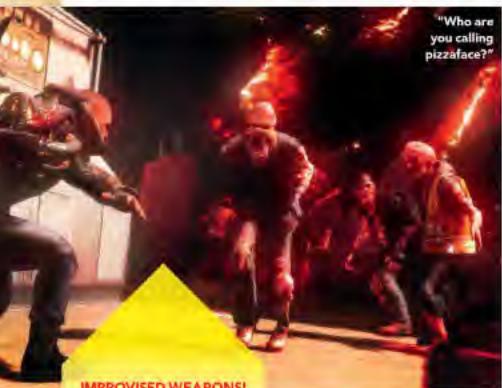


NEW NEW YORK!

HELICOPTER

HELL-RAISING! Like the first game, If getting hands-on with an enemy gets tiring, just hijack a passing helicopter and unleash merry hell on your enemies with rocket and high velocity rounds. Boom!

The explosions, the New York City environments and the eye-popping object damage have all been significantly ramped up and improved for this head-spinning sequel. Combat has never been so spectacularly satisfying.





IMPROVISED WEAPONS!

Your mutations become improvised weapons. visibly adapting to become ever more menacing, twisted and vicious, the more you practice using them. One more killing spree for luck? Oh, go on then, if you insist!

BIGGER BADDIES!

The Behemoth is a truly terrifying, pulsating hunk of pre-lipa blubber. He wreaks flesh-melting carnage wherever he roams, and New York's going to need more than a hose and some Cillit Bang to clean up after this lot!





"OK, let's do it! Let's get that cat down from that tree!"

f you're into first-person shooters, you'll know Dice's work – they're the Swedish clever-clogs behind the super-popular Battlefield series.

We caught up with Dice head honcho Patrick Bach, who told us how they're bringing Battlefield 3 to consoles, and which weapons are the best for destroying houses!

The game's not out till autumn, but that gives us plenty of time to save our pennies!

Hi Patrick! First up, can you tell us where Battlefield 3 is set?

Well, the images you can see are set in Sulaymaniyah, a city on the border between Iran and Iraq. We can't really go into the details of the story too much at the moment, but this scene's quite early in the game, right at the start of the campaign.

We can see a cool looking helicopter. How do they fit in?

The vehicles are a big part of the gaming experience, and that's true of BF3. In single player, we give you certain vehicles at certain times to ride in, but also to control – that's what makes it different from most shooters. You take control of tanks, helicopters and planes, as well as the infantry.

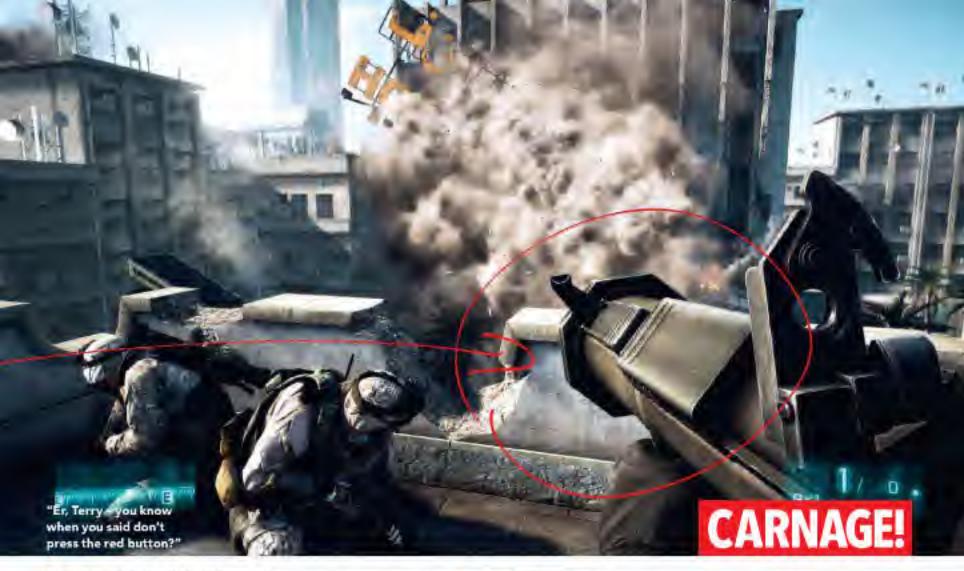
We can also see a chap blowing up a building with a rocket launcher - how destructible are the environments? We want to create a totally destructible environment, rather than an environment that can just be "affected". But this image is actually showing an event that will be a specific objective - there's a guy hiding in this building. So, depending on the situation, you'll get objectives, or in multiplayer you can more or less take down any building to reveal the men behind it. How we put it is, "If you have a big gun, you can make a big hole!" How big a part does teamwork play in BF3? Teamwork's always the thing in all BF games, and even more so in BF3. When you play, you'll be playing both as a team and alone in single player. But the same thing applies in multiplayer, where you can choose to be part of a squad or play lone wolf and go wherever you want and not be responsible for anyone.

What are the biggest and coolest new weapons?

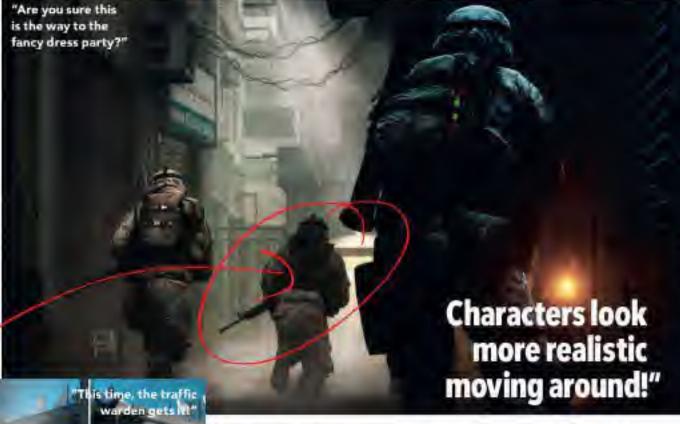
If you want a big, dangerous weapon, I'd pick one of the jet fighters, where you can fly around and cause havoc over big parts of the map. But there are counter-measures for each weapon, so no one should feel sale.

We read that you've even recorded guns being fired at different distances to make the audio super-realistic.

Yeah, we recorded loads of weapons in open fields and compared them to ones fired in doorways



to make sure you get the right reflections of sounds. That adds to the immersion of using the guns - it just feels right. Going online, how much can you customize the game? Well, we underestimated the amount of time people put into our games. We have players for Battlefield 2 who've spent more than 1,000 hours in the game. So, of course, those people want to unlock more stuff and get more rewards further into the game. You don't want to "rank out". I can tell you we've definitely learned a lesson! How many players will be able to play online at once? We're capping the console at 24 players, compared to 64 on the PC,



and our goal's to make sure that experience will be intense enough for the console audience. What cool stuff can you do with the new graphics engine? One thing I think will make a big impression is the whole movement and animation system, making characters look more realistic when moving around on the battlefield. We actually looked around to find the best animation system and we found it within EA, in Fifa!

Finally, are you lot obsessed with war and video games?

Us, or the Swedes in general?
We have a lot of hobbies other
than war! Fla-ha! Our country's
probably the most pacifist in
the world as we haven't been
to war in more than 120 years,
so I think there might be an
urge to get it out of our system!

See more news at :

Construction men critique fashion!

t's fair to say we're not exactly experts in haute couture. If you went round the Nets office looking at the labels on our clothes, you wouldn't get much further than the names stitched in by our mums!

So, to find out if high fashion really is bobbins, we pitted the opinions of some fashionistas against four burly builders!

Our panel of builders!



Occupation: Site supervisor Age: 46 From: London



Occupation: Ground worker Age: 28 From: Albania



Crane driver Age: 35



JON Occupation: Site supervisor Age: 30 From: Ireland





The fashionista says: "Nudity, blood, PVC and gas masks - what a show. So full of extravagance!" - Myfashionlife.com

Builder Tim says: "She looks like she's come out of the war! She got a horse's head on back to front, for f**k's sake!"



DESIGNER: LOUISE GRAY

The fashionista says: "Louise Gray's a riot of graphic colour and volume!" - The Sunday Times Style

Builder Jon says: "What a disaster! She's got balls on her head. She looks like she should be doing kids' parties!"



Ladies Day at Ascot, here

come!"

DESIGNER: TODD LYNN

The fashionista says: "Todd Lynn meets Spooks for AW11 with sharp tailoring and high-collared jackets!" - Marie Claire

HRENOUS

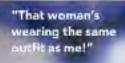
Builder Rui says: "I can't even see her face to tell if she's good looking. A few of the lads on the site could do with one!"



Gwyneth

Paltrow hated

her nose job





DESIGNER: CHARLIE LE MINDU

The fashionista says: "Femininity and sodomy using clear PVC, French lace and human hair!" - The Telegraph Fashion

Builder Jon says: "That won't be the new uniform on site, I can tell you that! She's straight out of The Addams Family!"





DESIGNER: CHARLIE LE MINDU

The fashionista says: "Conflicting parodies were out to play - heaven and hell, love and torture!" - Myfashionlife.com

Builder Des says: "I like her shoes and dress, but that's it. But that's all she's wearing, so I couldn't really like any more!"





DESIGNER: CHARLIE LE MINDU

The fashionista says: "A gritty show inspired by the sexual underground of wartime Berlin!" - The Telegraph Fashion

Builder Rui says: "I wouldn't have that word sprayed on the back of my head on site! What. would I have? I dunno. Funk!"



"TENSE, THRILLING AND ACTION PACKED... BREATHTAKING EXCITEMENT"



IN CINEMAS MARCH 4

Gervais returns to The Simpsons

Ricky hosts an Oscars special, with Russell Brand!

t's awards season, so what better way for Springfield to lampoon cinematic backslapping, than with their own version of the Golden

Globes, hosted by Hollywood's roque Brit-wits, Ricky Gervais and Russell Brand?

Gervais, who also starred in his own episode back in 2006,

took the chance to take the mick out of his own, edgy Golden Globes-hosting gig. And in this version, Brand turned up to dish out a gong. Nice one!

RICKY SITS DOWN NEXT TO RIDLEY SCOTT

Ricky: Hi - Ricky Gervais. Such an honour to meet you. I love your movies. Or as I call them... films. Glad I bumped into you actually, err, because, I'm looking to expand beyond comedy. [Cries heartily] I know what you're thinking, Sir Ridley, you're thinking [sobbing], "Oh, my word. He's been making me laugh all these years but now he's moving me as well, I'm going to have to put him in my new film." [Continues to wail] [Stops abruptly] What do you think?

Ridley: I'm a seat-filler. Ricky: Well, why couldn't you have said that a minute ago? Don't take any of my ideas!

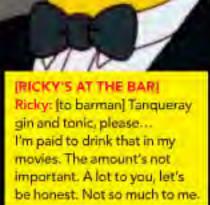


[RICKY'S BACK AT BAR]

Ricky: Look, OK, you missed it. I put a tip in there. A large one. Double digits. Ten. The lowest of the double digits, but nevertheless, ten. Dollars. So a lot of money to you. Less to me. But ten dollars. none the less. Look at it. Bar tender: That ten? That was there before. Ricky: It was not! Who else in here is going to tip ten dollars? Keith Urban? Helen Mirren? I don't think so. They

do they, like me?

don't have the common touch.



Ricky: But you're going, "Wow, look at him, how much did that suit cost him?" Nothing, I got it for free – that's what happens when you're a celebrity

y: "Helen! Helen!" She can't hear me. "Mirren!" Who does she think she is? Fur oat, no knickers



Russell: It's great to be here with old friends I haven't seen since rehab. I'm just kidding. None of you are my friends.

THE Nuts LIP-READER!



When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an



"Ref, that's a cheat! That's a cheat!"

ARSENAL VS STOKE Emirates Stadium, Wed 23 Feb, 8.27pm The Stoke duo accuse Walcott of diving after Walters' booking.



BLACKPOOL V5 SPURS Bloomfield Road, Tues 22 Feb, 9.09pm The Wolves boss talks tactics with assistant manager Terry Connor.



MARSEILLE VS MAN UNITED Stade Velodrome, Wed 23 Feb, 9.11pm Fergie asks Scholes to help calm the hot-tempered winger.



MAN CITY VS NOTTS COUNTY Eastlands, Sun 20 Feb, 3.50pm The Notts County guv'nor offers encouragement to Patrick Vieira.



BIRMINGHAM VS SHEFF WEDNESDAY St Andrew's, Sat 19 Feb, 4.17pm The subbed Blues man moans to coach Peter Grant.

COLD WINTER HATES WELL YOUR FACE











COMBAT DRY WINTER SKIN WITH GILLETTE ENERGISING MOISTURISER

Enriched with hydrating ingredients, Gillette Series Energising moisturiser gives your skin protection against the aggressions of winter throughout the day.













isn't even invited - maybe they've

got a buffet on and they need to

keep costs down. Other family

members haven't been invited.

Harry's dad, for instance.

A student in Newcastle got

caught for actual tea-bagging-

dunking his nuts in a lecturer's

cuppa. I remember when it was enough just to draw a chalk c'ck

on the teacher's back. These kids

One lump

or two?

in a bank, plus he has a thick Brummie accent and a very distinctive beard, and weighs

Chip Week in Britain, when British people honoured the celebrated chip by eating chips with everything. What a change of pace! What next for Britain? National Rain Week? National Being Served By An Australian In A Pub Day? National

Jim Jefferies: Alcoholocaust Live is out now on DVD

Last week was National

Follow America Into War Week?

20 Nuts

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The One Plan gives you loads of everything and now comes with all-you-can-eat data. So you can download apps, browse the web, look at maps and send emails as much as you like.

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Move to The One Plan today. Pop into a 3Store, call

0800 358 9760 Or see Three,co.uk/one "The gameplay's so damn realistic we thought we might have to pop to A&E for stitches."

"Picture the best boxing game you've ever played, pump it full of performance-enhancing drugs, and you've got yourself Fight Night Champion."



FIGHT - MIGHT



PRE-ORDER FIGHT NIGHT CHAMPION FROM GAME TODAY AND RECEIVE AN EXCLUSIVE 100TH ANNIVERSARY EVERLAST BOOST PACK FOR YOUR LEGACY MODE CHARACTER



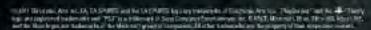




















NUITS GEAR

Breville radio toaster

www.firebax.com

Nuts says: Surprisingly not a joke product, this is actually a Breville toaster with a radio handily stapled onto the side! Moyles can now toast your bread with his hot morning breath.



Gibson will launch a limitededition SG every month this year

£1,200

Gibson SG 50th anniversary

www.glbson.com

Nuts says: The 50th anniversary Gibson SG has a solid mahogany body and gluedin quarter-sawn mahogany neck,

two humbucker pick-ups and 24-fret neck. You add creativity.

Plantronics Voyager Pro UC

www.plantronics.com

Nuts says: Bluetooth headset that routes calls to the headset if it's in your ear, or back to your phone if not. The USB thingy will also change your Skype settings depending on ear situation.



ou can answer

just by putting

it in your ear

calls with this

Samsung Galaxy Tab 10.1

www.samsung.co.uk

Nuts says: Samsung's latest tablet has a 10.1in screen, Android, 8.0-megapixel rearfacing camera, 2.0-megapixel front-facing camera, and HD record-and-play features. Nicel

> The Galaxy Tab 10.1 also includes dual surround sound speakers



Check out more reviews at







3D without glasses. Believe your eyes.











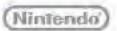


"The most exciting handheld console launch ever... no contest"-T3

Pre-order your console today at one of these retailers







YOUR LETTERS

Nuts readers let rip!

Send your Letters to nutsletter@ipcmedia.com or to the address on p77

Classic

This is me and my mates from the 1st Battalion Irish Guards 2 Company 4 Platoon introducing Lucy Pinder to the locals in Helmand Province. They loved it! Roku Stone,

Alighanistan

Why wouldn't they? It's the world's greatest mag!







Is this a private coad

CROTCH CRESCENT

"This means we're dating now, yeah? She Leeds from the front

I bumped into the lovely Emma. Frain at a Coventry City vs Leeds United game in November, Why would such a gorgeous babe want to watch that rubbish?

Nick, Coventry

She's hot, she loves football - she's the perfect woman!



Bum steer

Dear Nuts, I saw this farm on the way to the **Grand Canyon** and couldn't resist a quick pic!

"Fanny" actually means "bum" in American slang. Whereas, of course, it means "heaven" to us!

The road to paradise

Surely the most attractivesounding address in the land? Jason Fenton, Warrington

Imagine being the poor bloke they named it after!



Dear Nuts.

After our FA Cup win over Chelsea, our banner took the mick out of them and Liverpool! Steven McKibbin, via text

We're strictly impartial in the Nuts office. By which we mean, "Lol! Nice work, Everton fans!"



Win great Durex stuff!

Send your letters, hilarious spam pictures and camera phone cutie shots to: nutsletters@ipcmedia.com or post them to the address on page 77. The sender of the week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy. Visit www.durex.co.uk for more information.



sexy camera-phone pic to 0771 388 80081

Bursting with all the best gags, every week!

Send your jokes to nutsiokes@ipcm

I hit the bar four times at football last night. I was off my face by the end of it!

Man United fans were excited for their local rival clash. Against Crawley!

Carl Collier, Cheltenham

My girlfriend's still mad because I called her fat last month. I guess elephants really don't forget!

Eric Chandler, Horley

Dad walked in on me while knocking one out and smoking a joint. No idea how he got the door open!

Doctor: How would you describe yourself in three words?

> Patient: Lazy Uri Smith, Liverpool





Clowning

A policeman pulls over a car for speeding. "I'm a clown running late," says the man in the car.

The policeman replies. "If you can prove you're a clown, I'll let you off."

The man gets out, puts. on a blindfold and starts riding a unicycle.

Suddenly, a car pulls up and a guy steps out and says, "Arrest me now! I've had a few drinks and I'll never pass that test!"

Ned Thomas, Carlisle

A boy's playing in the street when, suddenly, a police car pulls up with a dog in the back.

The policeman gets out and sees the boy looking at the door. The boy asks, "Is that a dog in there?"

The policeman replies, "It certainly is!"

The boy asks, "What did you arrest him for?" Blake Sutton. Cornwall

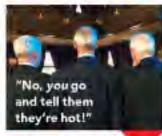


Win a 32GB iPod Touch!

Send jokes to nutsjokes@ipcmedia.com or to the address on page 77. The sender of this week's best joke* will win a 32GB iPod Touch thanks to Scruffs! Check out their brilliant Man Badges at www.scruffs.com/manbadges.



dia.com or to the address on p77



That's old school!

A reunion's taking place for a group of 50-year-old blokes who haven't seen each other in ten years, and they decide to go to a particular restaurant as it has a sexy waitress.

Ten years later, the guys meet again and go back to the same place because the food was good.

Ten years pass and the guys return because the wine was good.

Ten years later, the guys return because they've not been there before! Sam Hires, Essex



Wet one!

A bloke dashes into a building to escape the rain, and it turns out to be a brothel. He sees three doors marked "Big boobs", "Small boobs" and "Medium boobs". He chooses "Big boobs".

There are three more doors, this time marked "Wet tw"t", "Dry tw"t" and "Tight tw"t".

He chooses "Wet tw*t", walks through and finds himself back outside! Lee West, Poole

FAMOUS BLOKES' JOHNSON JOHNS

STEWART FRANCIS "Did I already do my deja vu joke?" "Even Nelson
Mandela got divorced.
He spent 27 years
being tortured in a
South African prison,
no problem. He
was married for six
months and said, "I

can't take any more!"

FRANK SKINNER

"I'm getting to the age now where I can only enjoy alphabet spaghetti when I'm wearing my reading glasses!"

RUSSELL HOWAR

"With Michael Jackson, what I thought was really interesting was the people saying, "He looked really we in that final video." I was like, "No, he didn't. He looked like someone had melted goals cheese over a sex doll!"

RUSSELL KANE

"I swear my
nan would be
dead if she
didn't have
her misery and
rage to carry
her through
life. She
doesn't use her
wheelchair,
she just pulls
herself along
the street by
rage alone!"

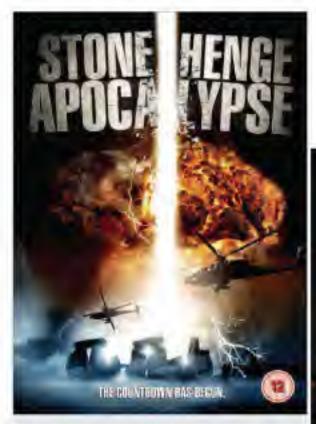
BILLY CONNOLLY

"Studies show one in five teens doesn't know how to peel an orange. It's a good job they've all got knives, then!" **DANIEL SLOSS**

"It's an interesting childhood when your mum considers you the most common form of STD!"



sofa so good



£5 DVD out now

From the producers of I Spit On Your Grave and starring Misha Collins (Supernatural) When a group of archaeologists dig up a human skeleton, an ancient piece of machinery hidden beneath the bedrock is accidentally triggered and starts a chain of events that may very well end the world as we know it









£7.99

Jeff Fahey and Michael Madsen star in this psychological thriller about a couple stranded in a small southern town with corrupt law enforcement, masked kidnappers and violent torturers



£8.99

This 2 DVD set contains Ten Dead Men, a violent, hard edged British revenge story and Vigilante, in which Luke, a successful businessman, is brutally attacked and his fiancée viciously murdered. Luke pledges to use every last penny he has to train himself in the art of combat and killing in order to use it against any wrong doers who dare to cross his path



CAMERA PHONE ONLY IN Win £100!

Seen something daft? Snap it, send it in and win £100!







is, too, I'm sure you'll agree!"

Adam, via text



or if I want to know!" Anon, via test



"Plastic all over the car and a bit on the aerial for good measure!" Anon, via text

Text 'Nuts' and your picture to 0771 388 6008 (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** Terms & conditions on page 77.



"Snow willies are OK, but my snow Dalek is next-level stuff!" Steve Hurst, via text



amazing saving!" Craig, Stourbridge

THE TRUTH ABOUT SEX WITH... EMMA FRAIN

Nuts girls solve your bedroom bother!

Email questions to thetruth sexelipcmedia.com



Strings or no strings?

I've been seeing a girl for nearly a year in a "no-strings" style. Recently, though, I've had thoughts about us becoming serious. Is it wise to suggest we change the arrangement?

Paul, Telford

She must like you to have been doing that for so long, Paul. You should ask what she thinks, otherwise you'll never know. If she's not up for it, move onyou can do better than be with a girl who only wants you for sex!

One-way traffic!

How would you feel if your partner steadfastly refused to give you oral sex, even though you love giving it to her?

Nick, Northampton

If you're in a relationship, the girl should be giving you oral. sex as well. Ask her to try it because the more she does it, the more she'll enjoy it! After you've gone down on your girlfriend, tell her how much it'd turn you on if she did it to you in return.

Hefty problem!

I like girls to have a bit of meat on them but when I start dating them, they always become fat because of all the meals out. What can I do?

Pete, Wolverhampton

Suggest to her you both join a gym, then it looks like you're doing something together when really you're keeping your girl in shape without upsetting her-Or have lots of sex because that'll burn a lot of calories!

Nuts BABES' SEX TIPS!

No.39: "Some guys try to do it all too quickly. You've got to make your girl feel really special and satisfied!" **Kelly Andrews**



She's so rough!

During sex, my girlfriend always starts slapping and scratching me. How can I tell her to be gentle without annoying her?

Ivan, Ipswich

Tell her nicely that she turns you on in other ways and if that doesn't work, just be straight with her and say it's turning you off having such rough sex. Try holding her hands down or changing the position, or if you do her doggy style, you can get a bit rough instead!











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The speccy Inbetweeners chap on his mum, Comic Relief and his new show!

i Simon! You've got a new show called Friday Night Dinner. Tell us what's it all about in one paragraph. One paragraph? A paragraph's quite long! God! It's about that thing, whatever age you are, when you go home to your parents, and you immediately begin behaving like a child. It's about how you neverreally grow up. That's a terrible explanation! It's set around the dinner table, where every Friday night, two sons come home to have dinner with mum and dad, and silly stuff happens. Hence, Friday Night Dinner. Yes, Thanks for that! The title does most of the work for me, to be honest. Do you still live at home with your parents in real life? Funny you should ask. My girlfriend

I've embarrassingly been living with my parents! Is your real mum as fit as your mum in The Inbetweeners? She's just a mum. She's a completely normal mum! In Friday Night Dinner, you have an annoying younger brother. Did you have an annoying brother growing up? I imagine I was both an annoying brother and had annoying brothers. A trick I used to play on my little brother was to hide around the house in the most unexpected places. I'd try to do it as late at night as possible and then I'd. jump out at him to scare him. It carried on until it got to the stage where I promised I wouldn't do it any more because it was scaring him too much! How long ago was this? Last week! If you were having a celebrity Friday Night Dinner party, who would you invite? Er. .. I don't know. John Lennon, Ricky Gervais and Barack Obama. Aren't you worried that Gervais would scoff most of the grub? He's looking quite trim at the moment, so I think he'd have his share and leave the rest for us. You've also been driving around Britain with the other Inbetweeners looking for

amusing place names for Comic

So for a couple of months, yes,

Relief. We reckon you've nicked that idea from the letters page in Nuts! It wasn't actually our idea - it was Comic Relief's. Maybe Richard Curtis I Comic Relief founder! has been reading Nuts and there's where he got it! What's the rudest-sounding place you visited? Therewere some good ones, Bell End in Worcestershire, Minge Lanc, also in Worcestershire, Twatley in Wiltshire. There are some good places out there! The film's available on iTunes now, so I'd urge people to download it and raise as much money as possible. Before you were Will from The Inbetweeners, you were a bit of a stand-up comedian. Did you really get disqualified from a competition for cheating? Yes! It was at the National Student Comedy Awards in 2007. Revels sponsored the awards and they had this big load of ridiculous rules. For example, you weren't allowed to make any jokes about Revels. Then they extended it so you weren't allowed to make any jokes about any confectionery at all for six months after the competition, which I found a bit strange. So, basically, Tended up making a load of lokes about Revels and they disqualified me. Blimey! You also did the voiceover for the PC World adverts.

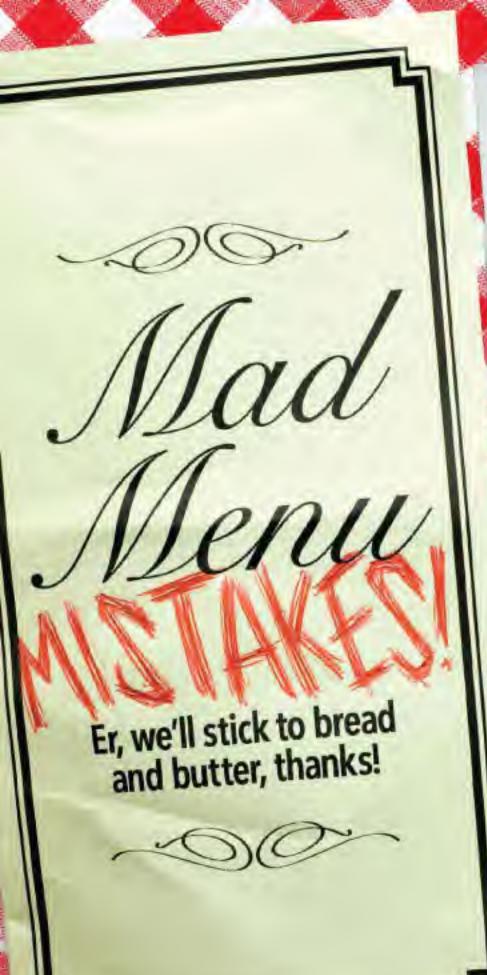
Did they give you any free stuff? Like a computer? No! That's it - my agent's fired! You were in something called Footlights at Cambridge. What's that? A comedy society. It was basically a bunch of losers who wanted to get into comedy. And your mate Joe Thomas aka Simon Cooper from The Inbetweeners was president of these Footlights? No, that's a complete falsehood! He was secretary, and don't forget it! He ran for president against yours truly and lost. He didn't even get vice president. Embarrassing! In America, giving someone "the bird" is a bit rude. Does this make things difficult when you're introduced to Americans? Er, it hasn't proved very difficult so far, but maybe I should start doing that more when I meet Americans: Ha-ha! Thanks, Simon. Finally, are you a speccy briefcase mong in real life? Absolutely. And proud of it! I've left the briefcase at home today because I didn't have any files. Thave a whole selection of them at home, though -one for every day of the week!

Friday Night Dinner is on Channel 4 on Fridays at 10pm. See www.comicrelief.com/ Inbetweeners for details about the Rude Road Trip

and I have actually completed

buying a flat together today!





LM PAR MAY SPEAK TO THE MICHAEL SERVICE CHICKEN SERVICE CONTRACTOR CHICKEN SERVICE SE

F**K A SPRING CHICKEN! Further down the menu, you can also f**k a bullfrog! Blimey, we only came in for some noodles!

Rabbit as at a grandmother thuch of rabbit mea some cream and with the fried cauliflower back filled duck with white terms oranges under a sauce with mange and cranberry consequents.

RABBIT AS AT A GRANDMOTHER! You may have your own pet name for your dear old gran, but we doubt it's "rabbit"!

ຳລະຫຼັດລາວ Spicy Lao salad. ຳປູອັດ Spicy crap meat........ ຫຼັດເປັນ Cold horsd'ocuvres. ກັດຮອນ Hot has instruments of the flavour

CRAP MEAT! Sometimes, spices just burn away all the flavour.

Although that might not be such a bad thing with this offering!

NAUATÁ DIN SCOICI

CATAT H3 PAKOBЫN WEEK

SALAD WITH CANCEROUS NECKS

SALAT CU MIDII

SALAD WITH CANCEROUS NECKS! What on earth? Yummy, a terminally ill starter. What's the main? Boef in swine flu sauce?

36 Nuts

TRAHAMA

NAMES OF

la la	73113		
E	4	Thai fried beef skinning	
- /1	与	Crispy fresh tofu	
牛米	Ž I	From Brando Angus burning pills	1
L头 WHO PH	V	Vho burned the head reservoir	

WHO BURNED THE HEAD RESERVOIR! And the other items on the menu sound equally tempting, so just take your pick!

首領	Big bowi tresh unitrerse miscensio
主肠	Big bowl flavor vegetables pig livings b
子庚	Big bowl gold mushroom cowboy n
果猪肚	Big bowl A bamboo ginkgo tripe
春陸	Big bowl flower immerses pork kid
	The second second

LIVING BOWELSI We appreciate the originality of these chinese menu dishes, but we'll probably just have some chips!

Business-Lunch

al carpaccio with Piment de Padron and caramelized almonds

rini with sauteed shrimp and toma

id saddel of venison on cream cab ad Primentils with "cat-piss sause"

CAT-P*SS SAUCE! "Waiter, I'm tempted by the venison, but I was wondering - is the sauce fresh from the cat or pre-frozen?"

清妙豆苗..... Stir Fried Peapod stems.

清炒唐芥蘭..... Stir Fried Chinese Broccoli.

清炒青江菜.... Stir Fried Baby Boy Toy.

BABY BOY TOY! They say the chinese economy will soon be the world's most powerful. Best lock up your under-fives, then!

GRUESOME

天世物片 SLICED BEEF AND SOME THING IN CHULLISAUCE.

BEEF AND SOMETHING! "I know I asked for 'something spicy', but can you be just be a tiny bit more specific?"

Sease IIIIei shisnin Spring chicken shishlik Lamb fal shishlik Entrecote shishlik Lamb shishlik Beef fillet shishlik Beel sweet bread Turkey lesticles Goose liver -

TURKEY TESTICLES! The scariest thing about this menu is we're not sure it's a mistake - some people really eat this studil

Wille

steamed crap claws ก้านปูนึง

crisp-fried sea bass fish with fish ปลากระพาทอลนำปลา

STEAMED CRAP! Well, we like crap and crap claws as much as the next man, but we prefer ours fried so we'll have to pass!



HOT MELT CUM STICK! They say you should never eat the "street food" of a foreign country, and this is obviously why! a

BRITAIN'S 100 SEXIEST BABES!

Patriotism with added boobs!

reat Britain! What a wonderful place you are and how proud you make us. Look at you, sitting there in the centre of the world like some sort of geographical behemoth. You truly are a beaming beacon of

hope, purity and joy. So what better way to salute and celebrate your sumptious charm than by asking Nuts readers to vote for the fittest women on these fair isles? Well, we did just that, and here are the results. Hooray!



IOO Tattooed, busty and, dare we suggest, maybe a bit naughty. Not that we'd know, obviously. What a top girl!



99 CHARLIE WEBSTER
The latest Sky Sports
News hottie isn't shy about
her knowledge of sports – or
getting her kit off. Top girl!



98 JAIME MURRAY
The brunette babe has
a habit of going topless on TV.
Not that we're complaining.
More of the same, Ms Murrayl



97 ANNA FRIEL
Anna had the first
lesbian kiss in soap history
when she was on Brookside.
We watched it, It was nice!



96 JADE EWEN
Jade's a member of the
Sugababes. We think. Unless
they've changed again? Oh,
who cares? She's smokin' hot



95 CHARLOTTE CHURCH
Churchy hasn't released
a music vid for a while – which
is a shame, because our copy
of her last one has worn out



100 BRIT BABES

94 STACEY SOLOMON Who'd have thought she'd be the sexy star of I'm A Celeb...? Well, we would, actually, because she's lush!



93 NADINE COYLE

You know you're doing
well when you're forming a
group and the lovely Nadine
isn't even the fittest girl in it!

92 KATE MIDDLETON
Kate will soon be as
British as the Queen! Sort of.
Anyway, we want more bikini
snaps please. Thanks, ma'am!



91 CHLOE MADELEY
Regardless of how hot
Chloe is, you couldn't date
her. Her parents are Richard
and Judy. It'd just be weird!



90 LISA SNOWDON
The bikini was actually designed to show off Lisa's perfect body. Well, not really, but it could have been!



89 SARAH BYRNE
In Shameless, Sarah
played an aspiring model.
We're hoping to persuade
her to become a real one now!



88 TINA O'BRIEN
Coronation Street has
delivered some top totty over
the years, and here's one
of the originals. Hi Tina!





86 SAMIA SMITH
Here at Nuts, we still call her Samia Ghadie, just because we simply refuse to accept the fact she's married!



85 EMMA RIGBY
Here's Emma taking
a break from looking really
sexy on TV to look really sexy
by a pool instead! Top work!



84 THOMPSON
Sadly, we rarely see gorgeous
Georgie without a desk in
front of her! Have a word, Decl



79 MELANIE SLADE
Theo Walcott's other
half is one of the quieter WAGs
around. Which is a shame,
as she's a proper stunner!



78 TULISA
Here's the lovely Tulisa
with two of the biggest stars
of N-Dubz. No offence to
Dappy and Fazer, obviously!



77 ROSIE H-W
Here's the main reason
to watch *Transformers 3*. If you
don't like robots that can turn
into fire engines and radios!



76 CHARLOTTE MEARS
Charlotte starred in a
show about WAGs, and now
models undies. Who says they
can't have their own careers?



75 In Layer Cake, Sienna frolicked around in undies in a posh hotel room. Very much like she does in our dreams!



74 DANIELLE LINEKER
While her husband's off
flogging crisps, Danielle does
something more exciting –
she looks super-hot in a bikini!



73 EMMA WATSON
She may have cut all her hair and moved to a different country, but this magical cutie will always be a Nuts favourite!



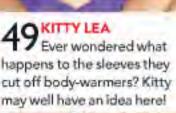
72 ADELE SILVA
The soap babe's been off the radar a while, but she's back looking better than ever.
We've missed you, Adele!













53 GEMMA ARTERTON Seen here in one of her

more covered-up moments,

Gemma's usually found half-

naked in films. We approve!

48 FRANKIE SANDFORD
We'd like to find
whoever designed Frankie's
boob-revealing top, and shake
him by the hand. He's a hero!



2 NATALIE BLAIR
Thankfully, the lovely

Natalie's no relation to Tony.

47 JENNIFER METCALFE
Jennifer's the sole
reason we're addicted to
Hollyoaks. And it's not just for
her acting skills, obviously!





46 SABINE
The original Sabines
were women the Romans tried
to kidnap 'cos they were so fit.
This Sabine's not bad either!



glamour world whose name

"No she doesn't, she's lovely!"

alone invites the response,

43 ZOE SALMON
Once upon a time, she was on Blue Peter. Now she's in Nuts in a clingy cozzie. Now that, dear reader, is progress!



42 RACHAEL
CORDINGLEY
Straight out of Liverpool and one of the hottest properties around. Unlike that Torres lad!











4 Sammy's boobs are proof enough that there's a higher power at work in the



in a bikini! How did you know?

33 Leah FRANCIS Leah's a favourite here at Nuts Towers thanks to her love of partying, as well as her perfect boobs! Hooray boobs!



29 EMMA GLOVER Look up "perfection" in the dictionary and there's a picture of Emma Glover's bod. Well, there is in ours anyway!



28 KATIE-MARIE CORK Nuts Towers always manage to cheer us up. Especially when she dresses like this!













LUCY PINDER!

ere she is, chaps! Your queen of hotness and all-round beautiful Brit babe, Lucy Pinder! Hi Lucy! How does it feel to be voted Britain's sexiest lady? It feels great! I'm excited! Hove that I've won. Thank you for giving me this award. Nuts readers! I'm flattered, It's a very unexpected award as well but it's really made my year already! Who do you think's the sexiest Brit after yourself? Ohlord, there are so many out there! It's hard to pick because there are models, actresses and all sorts

of lovely ladies to choose from. Obviously, the Nuts girls rank very highly, like Rosie. I'm glad I've won this for the Nuts girls! What's your favourite thing about Britain? There are loads of hot British women! I've got a girl crush on so many girls. I've got way more girl crushes than guy crushes. Michelle Keegan's very pretty, isn't she? How will you celebrate? I'll definitely be having a glass of wine or two this evening for the Nuts readers. I'm not a big party girl, but I'll treat myself to at least a spritzer to celebrate!

Give us your best Oscars-style acceptance speech. I'd like to thank my mum and dad for creating me! I'd like to thank Nuts for flashing my boobs all over the mag and, of course, I'd like to thank the Nuts readers who voted for me to win! Is this the best award you've ever won? Yeah, it is! I've won it a few times now, so I'll be very sad if I don't win it next year! What are you planning to do to make sure you're still number one next year? I'll do my best to make sure I'm still number one by doing even sexier shoots and,

hopefully, even more of them. I'll make sure I take good care of myself as well, so I'm still looking sexy this time next year! Glad to hear it! Have you ever won a rubbish award? The only one I can think of is when I won a Christmas card competition! You had to design a card and I won, which is pretty rubbish! Thanks, Lucy! Finally, do you have a message of thanks for the thousands of Nuts readers who voted for you? Thank you very much for voting for me again! I mean that, Lots of hugs and kisses! Love Lucy!



Nuts SPORT

LOVING THE GRUDGE MATCHES, EVERY WEEK!

Liverpool vs Man United maddest moments!

Strap yourselves in for Sunday's showdown - it could get nasty!

hey don't come much bigger than Liverpool against Man United, and it doesn't look as though this weekend's head-to-head clash between the bitter rivals will be any different!

Over the past few years, the game's thrown up red cards galore, two-footed tackles aplenty, and even managers duking it out on the touchline!

With Liverpool's record signing, Geordie mentalist Andy Carroll, set to be thrown into the mix as well, it should be an absolute cracker. So to mark the occasion, here are some of the north-west derby's most infamous red-mist moments!





NUTTY NEVILLE! MAN U 1 LIV 0 JAN 2006

When the two red teams met in this crucial game, United defender Gary Neville lived up to his Liverpool-hating rep by celebrating Rio Ferdinand's last-gasp winner in front of all the opposition fans, kissing his badge and basically going bonkers!



SCHOLES SEES RED! LIV 0 MAN U 1 MAR 2007

John O'Shea was the unlikely hero in this game. The defender notched an injury-time winner to break Liverpool hearts. But United man Paul Scholes remembered the true meaning of the north-west derby by getting sent off for a shocking tackle!



Never mind the card

"No, I won't st send Lucas off instead!"



- I've forgatten to record EastEnders!"

MASCH GOES MAD! MAN U 3 LIV 0 MAR 2008

Argentine Javier Mascherano got his first red card against United after losing the plot with referee Steve Bennett. After getting a yellow, the pint-sized midfielder refused to leave the ref alone until Bennett finally had enough and sent him on his way!



DOUBLE TROUBLE! LIV 2 MAN U 0 OCT 2009

In a huge clash at Anfield, Liverpool upset the then-Champions by seeing them off in a 2-0 win, but not before Javier Mascherano was sent off for a bad challenge, and Nemanja Vidic also got his marching orders - his third red card in a row against Liverpool!



"Double cheeseburger and fries; please)"



Sir Alex Ferguson and then-Liverpool manager Rafa Benitez never liked each other, and they squared up during this one after Rafa accused United's Antonio Valencia of diving to win a penalty. Luckily there was a fourth official around to separate the two of them!

MAD MANAGERS! MAN U 2 LIV 1 MAR 2010



Sarry, Michael -'ve just tallowed

GERRARD'S LUNGE! MAN U 1 LIV 0 JAN 2011

When the two teams met at Old Trafford in the third round of the FA Cup earlier this year, there was controversy galore, and Steven Gerrard set the tone by getting his marching orders for a two-footed tackle on United midfielder Michael Carrick!





We're in for one of the best title races yet!

love this time of the season, when every game seems to have something resting on it, and while Arsenal and Man United appear to be the only teams left with a realistic chance of winning the Premier League, I'm not ruling out Man City and Chelsea just vet!

"Arsenal will still have a big say in the title race!" There are always twists and turns when you get to March, and I think this has been one of the best Premier League seasons ever, perhaps not for overall quality, but because teams like Blackpool have turned things on their heads and shown that anyone can beat anyone.

For me, Arsenal really should have bought a couple of players in the January transfer window. Why Arsene Wenger didn't feel he needed anyone is beyond me, especially when you look at the fixture pile-up they have to face now, and the fact that injuries to the likes of Walcott, Van Persie, Nasri and Fabregas have left their squad looking threadbare. They're still going to have a big say in the title race, though, and I think they could do it.

As for Man United, they just don't look like the team we've all known and admired for their attacking flair over the years, yet they're so hard to beat and top of the table, so how can you argue with their results?

Their draw against Marseille last week was a tidy summation of their campaign – defensively almost unbeatable but no real flair from a midfield including the disappointing Gibson, Carrick and Fletcher.

I know Man City and Chelsea are a little off the pace at present, but both teams can make up the ground if Arsenal and United slip up – and I believe they will! I'm definitely not putting my hard-earned cash behind any team yet. It's too close to call!





Fernando will come good, eventually!

Fernando Torres still looks a shadow of the player that made his name at Atletico Madrid and Liverpool. I sympathise with him because when he moved, he was low on form, playing for a team low on confidence; moving to a team that was also low on confidence and he had to play his first game for his new team against his old team! I'm sure be'll come good and score a lot of goals for the Blues, though – class is permanent!



really couldn't meet

a nicer man. Let's hope he returns to

these shores soon!

DRAW KAMMY!

That's a corker, Pauli Keep them coming, people!

Kammy needs you!

Send your jokes, pics etc to kammy@jpcmedia.com. The sender of the best each week will win a signed Nuts T-shirt!





them winning either, I'm afraid. Liverpool will raise their game, and I think Suarez will score."

KAMMY SAYS: 1-1

THERE'S NO ESCAPE...





OWN IT NOW ON DVD

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NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport! Send pics, chants etc to tim bradley@ipcmedia.com



Basketball's a weird game played by really tall beanpoles, but we do like the slam-dunky bits. Especially when they get them wrong, like Phoenix Suns' Nick Corrales did here, Bami Face full of rim!











MAN-LYVE CORNER!







OUOTE ME ON THAT!'

This week's biggest match debaters!

"People who spend ten hours a day on the internet have no one to talk to.They're the same people who go on The X Factor"

The very un-PC Gordon Strachan.



"More people love me now than hated me. Well, maybe one more"







"When I was in Ann Summers I thought about getting some handcuffs to tie Graeme Swann up"



Steve Bruce gets turned down.



"Robinho and **Ibrahimovic are** a bag of Revels up front"

Paul Merson

"City will have to play two high wide men"

Drug-tester alert, Charlie Nicholasi

"Nolan and Barton are Batman and Robin"

'OO-ER SOUNDS A BIT RUDE' CORNER!

one out at Christmas" "I admire the way Christine has kept her head down"

Frank Lampard on his eager-toplease girlfriend

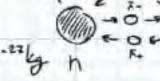
"As a manager, you've got to have a feel"

Phil Thompson loves a grope.





Q-21- (A-N)e qualon-(1672646 + 0,000 000 6) 10-22/4



The 2011 Census!

Our crack scientists show just how easy filling out this year's census is!

e hate filling out forms here at Nuts, so when someone mentioned we had to complete the 2011 Census, the office descended into chaos. That was until our clever squad of buffins worked out it can be done in less than ten minutes!

Not sure what the census is? Basically, every ten years, it collects information about the people living in England and Wales to help the government plan vital services like hospitals. After 100 years, this information is released to the public for people who want to trace their roots. How conl is that?

During March 2011, you'll get a question naire in the post. But don't worry, because it's dead easy to do. To prove it, we got the Nuts boffins to show how quickly it can be done!

You can also check outgorgeous Nuts girl India Reynolds showing you how easy it is at www.nuts.co.uk/census



GETTING SERVED AT THE PUB!





NUTSREALGIRLS

THE BEST OF BRITISH HOTTIES!

BEDROOM BABEI

The Pic she sent us!

SOPHIA 22, Liverpool, financial director

*My favourite sexy clothing is my Victoria's Secret underwear - I wear it in the bedroom and out clubbing!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



Nuts Gambling ASTERCI

We sent *Nuts* man online to play Tiki Temple. Check out his helpful hints!

Tiki Temple top tips!

fyou're looking for an online game that offers a good laugh as well as the chance to win a few quid, Tiki Temple is a multi-line slots game that could be right up your street. With bets from as little as 1p, you might find yourself playing it just for enjoyment - and who knows, you could even find yourself in the maney!

HOW TO PLAY

- It's a slot game, so aim to get winning symbol combinations from a spin of the reels. With two fun bonus games and the chance to win the Progressive Jackpot, you could win big!
- You can bet up to 20p on each line of the reels - and there are 20 lines, so the maximum bet per spin is £4 - but that also gives you 20 chances to win!
- Don't forget to bet on all 20 pay lines - called Bet Max - for your chance to win the Progressive Jackpot. But only bet what you can afford.

BONUS GAMES

Free Spins - Land three "Free Spins" symbols on any paid payline and you could win between five to 20 free spins. The Wild Reel - When the randomly occurring "Wild Reel" kicks in, you could win big from nowhere. Don't base your game plan on it, but it comes in handy!

PROGRESSIVE JACKPOT

Hit "Bet Max" for a chance to win the big prize. Land three bonus symbols on any paid payline to enter the jungle. Pick the correct path from three to enter the Tiki Temple, then choose between five treasure chests to pick a winner!

Win free spins!

Play Stars of Tiki Temple free** every day to win free spins for Tiki Temple!



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TV GAMES INSTANT WIN SCRATCH CARDS BINGO CASINO GAMES

DEPOST BONUS UP TO £200 FOR NEW CASH MEMBERS ONLY. MINIMUM £10 DEPOSIT REQUIRED - BG, DEPOSIT £103 AND WE'LL GIVE YOU AN EXTRA
REE PLAY ON TOP TO RECEIVE THIS DEFER YOU MUST ACCEPT THE SIGN UP BONUS WHEN REGISTERING, SUBJECT TO TERMS AND CONDITIONS OF
TERATOR, AVAILABLE AT YOWN NUTSOAMES TO UK, FOR Z4-HOUR HELP AND SUPPORT, FIREPHONE 0800 458 0770, DVER-185 ONLY. PLEASE PLAY
NSIBLY, WANN, DAMBLE MIGHT COLUR, CLOSING DATE: 15 MARCH 2011 PING COST OR GAME PLACHAGE REQUIRED TO PLAY STARS OF TIKETEMPLE.
SU MUST BE A NUTS GAMES MEMBER AND HAVE PREVIOUSLY DEPOSITED AT LEAST 616.

gambleaware.co.uk faceporterson



BEDROOM BABES!

Vote for your favourite - and she'll star in Nuts!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email <u>nutsgirls@ipomedia.com</u>. You must be at least 18 years old.

ONLY IN

Lucy

23, Herts, promoter
"My best features are my
double Ds, my bum and
my seductive blue eyes!"

Amy

20, Birmingham, sales "My sexiest outfit is a leopard-print corset with suspenders and heels!"

Roxanne

21, Cornwall, PA

"You know what they say about redheads in the bedroom? It's all true!"

Jenna

23, London, hairdresser
"If a guy only had a fiver, he
should buy me a few of my

should buy me a few of my fave songs from iTunes!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her: It's as simple as that!

ONLY IN REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 77. You must be at least 18 years old. THIS WEEK!

Name: Vikki Jane Ager 24 Boobs: 328, "I'd like them bigger!" Likes: "Boys from Leeds!" Ever kissed a girl? "Yeah, I do it all the time!" Strangest place you've had sex? "In Tesco!"

Sex tip: "Always let the woman take control!'

Cross Gates



Nuts pays a Leeds cutie a visit!

HELLO!

Vikki Jane on... home!

"We're in Cross Gates. Leeds is the best place in the world. Everyone dresses well and everyone's funny and sexy. It's the perfect place to live!"

on... relaxing!

out than with a duvet, a pillow, a bottle of wine, a tub of ice cream and something girly like Bridget Jones! I'm a girly girl!"

Vikki Jane on... partying!

"It takes me about 20 minutes to get ready - all I do is brush my teeth, dry my hair, do my make-up and off I go. I just can't wait to start partying!"







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Triple play edition out now

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CONFESSION TO OUR SECRETARY!

IT'S LOU!



'I offered to be his nurse'

I went back to my old work for a few weeks and instantly made friends with a new accountant who had joined the firm. We'd flirted constantly during my time there but on my last day, he wasn't in the office and I was gutted. That night, feeling brave, I found him on Facebook and sent him a saucy message. He replied within minutes, explaining that he'd twisted his ankle the night before and had called in sick. Overcome with "sympathy", I offered to be his nurse. I was so nervous by the time I arrived at his house but I couldn't walt to give him a full examination. While he rested his leg, I offered some much appreciated oral relief with my lips, and even climbed on top of him so he didn't have to move. I ended up riding him on the sofa while he watched us in the mirror behind me. Hardly standard medical practice, but the patient certainly wasn't complaining!

Jodie, Southwark

'We got it on in the woods'

I've always fantasised about getting frisky in a public place, so when my boyfriend and I decided to go for a walk on a hot summer's day, I took the opportunity to lead him into the trees. We could still see people walking around but we were hidden in the dark of the woods. I quickly unzipped his jeans and crouched to give him some special attention. Then I turned and lifted my skirt, holding onto a tree while he took me from behind. As his hands wandered southwards and he started touching me, I couldn't help but cry out in pleasure. To this day, we're not sure if anyone saw us but I love the idea that we were spotted. If you ever visit Cheddar Gorge, look for a tree with the initials "LM" and "ML" carved into a tree and think of me!

Loran, Portsmouth

'Her eyes were undressing me'

I work with a hot girl at our local leisure centre and a rumour went round that she was gay. Being the inquisitive type, I was eager to find out if it was true, so one day after work, I invited her to join me for a session in the steam room. Seeing her hot body in a bikini made me moist in areas which the steam wouldn't normally reach. Sitting opposite me. I watched her eyes undressing me: Helping her out, Islawly undid my bikini top, revealing my hard, sweaty nipples. Her eyes lit up with excitement. We were both getting turned on enormously. with the extra thrill that anyone could walk in on us. Her hand started gliding up my thigh and I was getting wetter and wetter by the second - not just from the sweat! My hands had a mind of their own, wandering under her bikini top. I felt her moist, soft lips on my nipples - it felt like heaven. Now I know the

rumours are true, we've planned another steamy session for next week. I can't wait!

Amie, Essex

'The bed collapsed'

One day, my man and I went to the pub for a boozy afternoon. We started getting horny and I played footsie with his bulge under the table. We raced home and as soon as we got through the door, we ripped each other's clothes off and made for the bedroom. I took him in my mouth and before I knew it. he had me bent over the bed. We were at it like rabbits, not caring who could hear us, when the bed suddenly collapsed! As we looked around, we were actually on the other side of the bedroom - we'd moved the whole thing. We just laughed and carried on. Our bed was a total write-off and it cost us a few guid, but the fun we had that day was worth every penny. I wander how long this new bed will last? Hopefully not too long!

Jade, Middlesbrough

Win £50!

Ladies, send your raunchiest confessions to louise_prion@ iponedia.com or to the address on page 77. The best one each week* wins £50! Come on, girls!

FASHION There's no point getting fit if you don't look good into the bargain! HUMMEL T-SHIRT Perfect gym or training attire. **NIKE SPORTSWEAR** "VAPOR" JACKET £70 Pound the pavements in style with this lightweight jacket. McKENZIE BACK PRIMARK SHORTS PACK £15 These'll get you change Something to sling all from a tenner - good times! your sweaty gear into. ONITSUKA TIGER MEXICO 66 This is a classic running shoe which looks cool, too. STOCKISTS, MICKENZIE & DUFFER: WWW. DOPOTTS CO.U. G.STAT & FILA: WWW. IDUSED TRASER.CO.U. FRIMARIS. WWW.TMARS.CO.U. ONITSUKA TIGER: WWW.ORITSUKA T







1 OSMO POWER DUST £10.50 Magic powder that freshens up dirty hair, or adds texture. Stockist: osmo.uk.com

2 NIVEA SENSITIVE FACE CARE HYDRO GEL £9

Regular use of this gel actually reduces sensitive skin. Soothing! Stockist: nationwide

3 GILLETTE SERIES ENERGISING MOISTURISER £8

To go with the new ProGlide razor, this moisturises and gives sun protection. Brilliant stuff. Stockist: 00800 44 55 38 83

ATRESEMMÉ 2 IN 1 CLEANSE AND REPLENISH SHAMPOO AND CONDITIONER £4

This giant bottle of shampoo will probably last you forever! Stockist: Boots

5 ADIDAS INTENSE TOUCH SHOWER GEL £3

A brand new scent in this range – a sweet, peppery lady-pleaser. Stockist: Boots

Nuts REVIEWS



POKÉMON BLACK & WHITE



The monstercatching juggernaut rumbles on, with bells and

whistles added, including 156 new Pokémon, three-on-three battles and completely reworked graphics. Online scrapping's been tweaked and improved, as has sharing your wee monsters. It's candy gaming, as ever, but still the consummate portable time killer. Well worth a play! ****



DEATHSMILES



Scrolling 2D shooter that appeals to casual (us) and

hardcore (bed-wetting) gamers alike, with difficulty levels rising alongside high-score possibilites. Something for everyone! ****

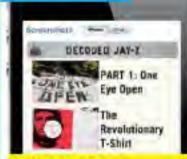


LORD OF ARCANA



A multiplayer online monster-battler – sound familiar? It has new magic and spells, but frankly, it's no Monster Hunter, ***

APPS!



JAY-Z DECODED



Top app that promises to unlock the meanings behind the hip-

hop legend's songs. It also features interviews and the latest Jay-Z news. ***

RBS 6 NATIONS RUGBY



With the tournament now in full swing, go into egg-chasing

overload with this, featuring live scores, commentary, stats and videos! ***



THE ASHES SERIES 2010/2011: BOX SET CERTINIALUM



Forget all about England's dismal one-day series in Australia and feast your eyes on over nine glorious hours of highlights, interviews and general Aussiebashing, documenting the important stuff – England's first Ashes win in Australia for 24 years. It also includes a brilliant, 90-minute behind-the-scenes documentary. Awesome! ****

PARANORMAL ACTIVITY 2



After the first
Paranormal Activity,
we slept with the
lights on for weeks.
And guess what?
This one's even
scarier! ****

CERT 15 DATE



Robert Downey Jr is an expectant father on a calamitous road-trip, hoping to make it home for his kid's birth. Chortles aplenty! ***

EPISODES



Comedy series about two writers remaking their Brit TV series in the US. Friends bloke Matt LeBlanc stars as himself! ***

MUSIC! BEADY EYE

BEADY EYE DIFFERENT GEAR, STILL, SPEEDING



Yes! The Oasismembers who aren't Noel regroup for an album of big.

fat indie rock anthems, not unlike Oasis. Result! *****

JESSIE J



The distinctly saucy Ms J weighs in with a debut set of urban-friendly

hip-pop, such as the naughty hit Do It Like A Dude. ***



UNKNOWN CERT 12/4

Liam Neeson returns with more fighty heroics, like an older, craggier, Irish-er Jason Bourne. The Batman Begins star plays a top boffin who, following a car smash, loses his memory. With his missus (January Jones from Mad

Men) and identity stolen it's time to get even and rediscover who he is. But things are never what they seem in a thriller with more twists and turns than an F1 track that's been tied in a granny knot. Fans of Taken are gonna love this! * * * *





THE ADJUSTMENT BUREAU

Billed as Bourne meets Inception, a politician (Matt Damon) and a ballet dancer (Emily Blunt) try to outrun their fate in a weird and wonderful sci-fi romance that does The Matrix on the streets of New York, Bonkers! ***

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Nuts

Glee fans need not look any further!

Nuts! 7-DAY TV LISTINGS GUIDE!









FRIDAY 4 MARCH



A League Of Their Own Sky1/HD, 9.30pm

The comedy sport quiz is back, with Jimmy Carr and Phil Taylor questing this week. Bullseve! ***



The Mentalist

Channel 5, 9pm

DRAMA detective Patrick Jane's back. Smug conman-turned-smug

A journo's found dead at a martial arts dust-up – cue more smartarse crime-cracking. ★★★



TODAY'S

MUST-SEE

PICKS!

Friday Night Dinner

COMEDY Channel 4, 10pm Another Friday night,

another dinner for our new favourite family of oddballs. Dad's caught peering into his pants with a magnifying glass. Eh? ***

one

6.00am Breakfast 9.15 Heir Humers 10.00 Homes Under the Hammer (R) 11.00 Wred or Ready? 11.30 Cashin the Attic 12.15pm Barpain Hund (Rt 1.00 BBC News. Weather 1.30 Regional News, Westfer 1.45 Doctors 2.15 Escape tathe County 3.00 HSC News. Weather, Regional News 3.05 CHEC 5.18 Weekest Link & GO HIK News, Westfer 6.30 Regional News Programmes, Weather

TWO

6.00am (Seebles 7.00 (ISS) 8.30 Cleebies 11.35 Meerkat Manor (R) 12.00noon Baly Politics 12.30pm GMT with George Maryish 1.00 Dise. South (R) 1.45 Far Th Whiteirs 3.00 Warried Down Linder (R) 3.45 Hop ti lengitie flest 4.30 Cadrio tie Celebray Artic 5.15 Put Your Money Where Your Mouth Is 6.00 Egghests (R) 4.30 My Life in Books

5.30am ITV News 6.00 Daybreak 8.30 Lonaine 9.25 The Jeremy Kyle Show 10.30 This Morning 12 30pm Louis Women 1,30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 Dickinson's Real Deal (R)4.00 Midsomer Murders: Digina (R) 5.00 The Chase (R) 6.00 Regional News, Weather 6.30 ITV News

6.20am Sali Mali (R) 6.25 The Hoobs (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.65 Frasier (R) 8.35 According to Jim (P) 9.05 Supernavery USA 10.00 The Good Wife (R) 10.55 Gol/s Oothes Roadshow (R) 12 60noon News Summary 12.05 pm [213] Breakfast at liffarry x 2:10 Cooleeny School 3.10 Countdown 3.55 Deal or No Devel 5.00 Come Dine with Me 5.30 Curch lim 6.00 lbe Simpsons (R) 6,30 Hallyoaks



6.00am Mikshale! 9.15 The Whight Stuff \$1.00 The Varieties Show 11.45 House (ii) 12.40pm Five News 12.45 Build & New Life in the Country (iii) 1.45 Neighbours 2.15 Home and Away 2.50 Animal-Resour Squad (R) 3.05 the Family Recipe (R) 3.15 (IIII) Family Garbering: Romantic family drama staming Natasha Henstridge and Hary Hostilin, 5.00 Five News at 5, Wezifier 5,30 Neighbours (6,6.00 Home and Away (R) 6.25 OK! TV

7pm The Simpsons bisa accepts an invitation to join a Wiccon covers (RVHD))

730 The Middle The Heckfamily is the pun into financial crisis (HD)

8.00 The Simpsons New episode in which Min turns his toverminto a gay ber. This could be good (10)

8.30 Modern Family Mitchell wonderswhether h unknowingly fathered a child in his "straight" days (HD)

9.00 Raising Hope Hope gets a cold. (10)

9.30 A League of Their Own

With Jimmy Corand Hollania: Scook/Hittl

10.30 Louie Spence's Showbusiness Not experts (R)(HD)

11.30 Got to Dance Dethis, (PAHD)

12.50am Got to Dance Results Show RIND

7.00 Five News at 7

7.30 Vets in Action Newly qualified vet. to heads to a goal farm to examine the spread of an eye infection. Lovely. (Fit

8.00 Ice Road Truckers The threat of an avalanche continues to grow. Persky grow.

900 The Montalist

Milet III A soomalist is foored dead of a mined moviful arts contest.

10.00 Law & Order Green and Cassaciy investigate the murder of a sex offender.

10.55 NCIS The agents unarier agovernment urganisator of childprodigles (ii)

Shoding short-outs and the Nov. (R)

12.15am SuperCasino

7.00 The One Show Topical stories

7.30 Rip Off Britain They I be charging us to breathe air nest, you wait!" etc.

8.00 EastEnders

Tammar and Alia are pleased when it seems their parents are getting along. You read it herefirst-two people getting along in FastEnders

Mad questions with Cive Anderson. Phil Jugiter and Job Hall. (R)

900 New Tricks

A corepinicy theory implicates the American povernment in a idienalists death. (2)

10.00 News, Weather

10.35 The Graham Norton Show

The bast flans his hands around a latwhile thatting luquests.

11.20 The National Lottery Friday Night Draws

OJBog presents the draw.

11.35 A Time to Kill

DIM John Grishem courtroom drama starring Mathew MoConaughey and Sandra Bullock.

7.00 Athletics

Fizeral Running, throwing and jumping fun from France.

7.30 An Island Parish

Aproblem with the ferries threatens the holiday season. Himm, where will all three tourists go now?

8.00 Mastermind

More people at in a scary drain answering impossible questions

8.30 Britain from Above The influence of industry on the

British bridgage, Everything's beside more policies?(R)

9.00 Hidden Treasures of African Art

Griff Rhys Jones travels to Maliin West Africa to pet all arry.

10.00 Fast and Loose With Devid Armand

10.30 Newsnight

11.00 The Review Show

11.50 ICC Cricket World Cup Highlights

New Zealand es Zimil and Bangladesh vs West Indies.

12.50am The Mighty Boosh Live

Stage version of the show. (it)

7.00 Emmerdale More from the not-so-funny farm.

7.30 Coronation Street Frank admits be was drunk and

apologises for his actions. Let's hope he didn'thide the remote.

8.00 Children's Hospital More bid's go under the knife

8.30 Coronation Street Carla faces a dilemma. Notes though-withSkyt!

9.00 Benidorm

Durald and Acqueline start a collection for Madge.

10.00 ITV News, Weather

10.35 The Cube Abovergoes in the cube. [7]

11.35 Take Me Out

A displain, an IT executive, a deputy pulsmarager and a chip shop boxs rundiegaindet.(R)

12.35am The Zone

7.00 News

7.25 4thought.tv Religion and things.

7.30 Asian Gracefully A care home that caters solely for Isian pecule.

E.00 Relocation: Phil Down Under Phil revisits a family in Perth. Australia, Let's hope he stays there.

9.00 Embarrassing Bodies

Dr Phole meets a women with a pair of unusual cysts on her head.

10.00 Priday Night Dinner

Mare of the processing new cornedy staring Will have The Industroparts Streen ford.

10.30 Rude Tube: **Epic Falls** Nuity web dips: (R)

11.30 10 O'Clock Live With David Milithoff, 35

12.35am Music on 4: Mercury Prize Sessions

1250 CTRL MX Jessie Jpicks agig line-up.(R)

11.55 Cops in Crisis

SPORT

SkySports 1.11 allow 5 - global. Western Shy spans 1 Transmitted by Circuity Black ctorificación Eley Spurits Z. 7.30pm lahqua estick! Gonts Sky Sports 1.

2am Sign Zone: South Riding (R) 3.00 Hariton: How to Survive a Car Crash R14.00-6.00am BBC Never

3.15-6.00am 890 News

2,40 in Plain Sight: Drama (4) 3.25-5.30am (TV Nightstreen 1.20 My Name is Earl (%) 2.05 Modern Tost (R) 2 36 (R) Teenage Paparazzo 4.10 Resper (R) 4.55 5.20-6.05am Countriosm [R]

3.55 New Motorsport Mundial 4.20 Royal Wayy Caribboan Patrol R) 5.10 Wildlife 505 (10) 5.35-6.00am House Dottor (R)

Nuts V

5 MARCH SATURDAY



Let's Dance For Comic Relief BBC1, 6.40pm

REALITY Among those making fools of themselves dancing are

Chesnev Hawkes. Remember him? ★★★



Taken Channel 4, 9pm

Absolutely fantastic action thriller starring Liam Neeson as a former special agent whose daughter's kidnapped in Paris. So he goes to bring her back, kicking multiple asses along the way. Bam! ****



Boardwalk Empire

DRAMA Sky Atlantic/HD, 9pm Jimmy teams up with a very intriguing former sniper who happens to be missing half his face, and Nucky revisits his youth. Not in a good way! ****

one

6.00am Breakfast 10.00 Saturday Kitchen Live \$1.30 Raymond Blanc's Kitchen Seprets (R) 12.00moon RRIC News, Regional News, Weather 12.15pm Februar Football Fugus 1.00 Dan Athletics: Rynwing and things 4.30 Half Final Score 5.20 HSC News, Regional News, Weather S 40 All New lotal Wipeout: International Special 6.40 The Let's Dance for Comic Relief

TWO

& GGam Cheebies 7.00 CDBC 12.00 noon Escape to the Country (R) 1pm (IVII) Sidentermial Man. Sci-Il drame staning Robin Williams. 3.00 mis the West (R) 4.30 mm Attiletics The Evropean Indior Clampionships \$ 00 Churches How to Read Them (R) 5.30 Rog (II) (R) 6.00 The Story of Superick (R)

5.30am (TV News 6.00 CTV 9.25 Comnetion Street 11.45 This Morning Sararday 12.45pm Monk 1.40 ITV News, Weather 1.50 Into Kindergarien Cap: Camedy hrider stawing Annold Schwerzenegger 4.00 TIME Scooby-Dog 2: Monsters Unleashed: Cowledy: 5.40 Regional News, Wooffrer 5.55 ITV News 6.10 New You've Been Framed: 6.40 Harry Hill's TV Burp

7.00am Cetti Superbike World Championship 2011 (% 7.25 Ltm)
The Grid 7.55 Ltm)
The Marring tine 6.50 Td Friends (R) 9.25 4Music Proguntes 9.40 Friends (75) 10:15 4 Maryic kaymettes 10:50 Glev 11.45 Gwat Hutte Hainthesser 12,45 pm Video Exclusive 12.50 The Hig Hang Theory (*) 1.50 Racing 3.50 The Secret Supper Club 4-20 Come Dine with Me (R) 4.25 The Political Slot 6.30 News 6.55 Othoughtty

6.00am Millshakel 10.00 Zoo Days (R) 10.10 How Do They Do It! (R) 10.45 The Gadget Show (R) 11.50 line Road Truckers [R] 12.50pm (20) Ride Clear of Diable: Western staming Audie Murphy 2.25 TAD Hierarck Western staving James Stream 4.25 (TE) Superman It Fantasy sequel slawing Christopher Reeve. 6.55 News

An explosion at a mausoleum leads

to a murder investigation.(R)

7.45 CSI: Grissom's

A man kills himself hours after

mirving a \$40 million slot-machine

jadgan at a casing. Some people are

just never satisfied, are they?(%)

7pm The Simpsons Homer and Grampaverit Ireland (Rithit)

7.30 Futurama Astronge substance turns the crewims teeragers. (R)

8.00 Oops TV Clone of You've Heen Framic! namated by JLC. (R)

8.30 Futurama Fry is recruited to save the universe. No pressure then, (P)

9.00 Nutty Professor

Comedy sequel starting

12.05am Road Wars

German strephent are unitire

bail of the drivers of a stolen our

that crashed in Exeter (R)(HD)

Dog handler Deryl and his

II: The Klumps

Eddie Murphy. (HD)

11.05 Road Wars

Moreolinsin cars (R)

8.00 The National Lottery: Secret Fortune Ball-plucking nonsense.

8.50 Casualty Nita triesto runaway. So will we in a minute-to the publ

9.40 Live at the Apollo

Wind Glowthesis stand on piggles from the Hammersmith Apadic. (6)

10,10 News, Weather

10.30 Match of the Day Fighlights of today's Premier League goal pooching, including Amenal is Sunded and and Elimingham vs West Brom.

11.50 The Football League Show

Now it's the action from the lower leagues, including the Champiorship maich between topflight hopefuls GPR and Lercester.

7.00 Dad's Army (%)

7.30 A Million Books for Free: A Culture Show Special

Preview of World Book Night, No.

7.55 World Book Night Live from Glasgow's Aye Write! Festival

8.00 The Books We Really Read: A Culture Show Special

We'd prefer Dad's Army night. Never throught we'd say that

8.55 World Book Night Live from Bath Literature Festival Why are you still maidring?

9.00 New Novelists: 12 of the Best from the **Culture Show**

9.55 World Book Night Live from Royal Festival Hall

10.00 Brideshead Revisited

Ferring drama. But hey-it's mut about books! Small menses, els?

12.05am ICC Cricket **World Cup Highlights**

DE-115H Lanka vs Australia Finally, something half-decent!

7.10 Ant & Dec's Push the Button

More fun and games with the professional dreeky drappies

8.25 Take Me Out

A scientist: a decorator, a sports centre manager and an illusionist prepare to be humiliated.

9.40 The World Is Not Enough

GEE Bond film with Pierce Brosman. Apent 007 strempts to protect the desorbles of an experimented oil magnate/rom apsycholic terrorist.

10.50 ITV News, Weather

11.05 The World Is Not Enough

The both of the 007 film. Denise Rahards is the friend girl.

12.20am The Cube: Celebrity Special

Ricky Hatten takes part in a charity edition of the gameshow host and by old frattleship grey locks, Phillip Scholleld, (R)

7.00 River Cottage

Every Day Hugh Feamley Whittingstall nustles up a fish curry for a house full offernale students from there's a man who knows a brilliant idea When he sees one! (iii)

8.00 Seven Ages of Britain

The first age, hebween 6,000BC and 1,000BC, A bit like your average city contre at checking out time.(R)

9:00 Talien

Brilliant action thirles coming Gam Newson and Missaye Gince Approximately Limittion times better than World Dook Night.

10.50 Flight of the

Arcrash turnivers in the Gohi

the wreckage. See, they knew all

share hours gluing Airfamadels

play. Dennis Qualif stars.

together would come in handy one

12.55am Lady Vengeance

deserting to build a new plane out of

Phoenix

8.40 CSI: Miami

7.00 NCIS

Greatest

Calleigh takes drastic action to full would be carjackers.(R)

9.40 CSI: NY

Macinvestigates the murder of Chief Carver's sister.

10.40 CSE Crime Scene Investigation

Angli ase is respend (R)

11.35 Forensic Files Anedday beloctoiderofya morder victim, (70)

Guean thiller about a woman banged up for the kidnup and murder of a child who plots a bloody revenge on those who framed her

12,05am SuperCasino

4.05 Brian Sewell (R) 4.50 Animal Rescue Squad (R) 5.00 Harri's Helpline (it) 5.10 Milkshoke! (it) 5.35 Thomas & Friends (R) 5.45 6.00am Roary the Racing Car (R)

Land 1 12 Stem Tenters Date: By Special 2 A.ASpm No. Copy (Virgon) 1998 5.15pm Cook is purily Sign Court of 3 30am in clinical on this Stysport 2

Av Sovre 7. Name of the Sky Sports 7. 1pm CHARGE Interproduction distant Sty Sports 1 autopas Wisker or from Sky Sports T. A. Stipm. Sparish Foreign Sky Spares 1.

1.15-6.00am BBC News

1.05 2.40am EDE Brute Force: Theider stanking Burt Lancaster.

1.15 The Zone 3.15 Swingtown (H) 4.00-5.30am (TV Nightscreen

3.00 Shin G Tai: Schillankmation (R) 3.10 Without a Timor (R) 3.55 Prinkleged (R) 4.35 Prinkleged (R) 5.15 Wogan's Perfect Recall (R) 5 A5-6 30am Countdown (R)

SUNDAY 6 MARCH



Liverpool vs Man United Sky Sports 1/HD, 1pm

SPORT Always a spicy into Can King Kenny dent Sir Alex's title hopes in front of the Kop? ****



Hawaii Five-O Sky1/HD, 9pm

DRAMA The only girl on the team, Kono, revisits her surfing days after her old mentor bites the bullet - literally! As the team take the case, her former fella looks like prime suspect number one! **

After this !! oc, please !"

TODAY'S

MUST-SEE

TV PICKS!

Being Human

BBC3, 9pm DRAMA

Mitchell's feeling a bit brown in the pants department, mainly because he has four werewolves under his roof and it's almost full moon time. Fangtastic! ***

one

6.00am Breskfast 7.35 Match of the Day (R) 9.00 The Andrew Man Show 10.00 The Big Questions 11.00 Country Trades 12 OGnoon The Politics Show 1pm Bargain Hunt 1.30 EastEnders 3.25 Westest Link 4.10 Escape to the Country 4.55 Songs of Praise 5.30 BBK, News, Regional News, Weather 6.00 Nigel Stater's Simple Support (R) 6.30 The Bust that Guy Built (R)

6.00am (Beebies 7.00 CBC) 10.00 Something for the Weekend 11.30 Film 2011 with Claudia Winkersen (F) 12.00ncon Little in a lanely Place Film neighboller staning Humpfvey Rogart 1.30pm Athletics Running and things 5.00 Const(R) 5.29 Attenberrigh and the Gent Egg (R) & 20 FET Finding Neverland: Period droma.

5.30am TV News 6.00 CTV 9.25 May the Best House Win (% 10.25 The Riggest Loser (R) 11.30 This Morring Sunday 12.30pm Direct Date (F) 1.30 (TV News, Weather 1.35 Columbu Negative Reaction 3.35 Midsomer Murders (R) 5.35 Regional News, Weather 5.50 ITV News 6.05 Harry Hills TV Burp (R) 4.35 Denoing on Ice

6.30am Sali Mali (R) 6.35 The Hadbs(R)7.00 CE RS Freestyle World Ski Championships 7.30 That Parelympic Show (R) 7.55 T4: The Crush 8.20 Friends (R) 9.25 Hollyoaks 11.55 Glee (R) 12.55pm The Simpsons (R) 1.55 James's 30 Minute Meals (8) 4.25 Beal or No Deal 5.30 Time Tram 6.30 News 6.55 4thought by

6.00am Mikshakel 10.00 Zno Days (R) 10.15 Street Market Cherk (R) 10.45 Starsted The Inside Story (R) 11.45 Cowboy Builders (R) 12.45pm Cowboy Builders (Fit 1.50 mild Freely Friday, Fantasy cornedy remake, 3.35 Five News 3.45 F30 Spy Kids: Children's action comedy stavino Antonio Banderos, 5.35 TIES Supermen II: Fantasy adventure with Christopher Reeve

7pm The Middle Aid takes care of a fake robotic baby. As you do. (R)(HD)

7.30 Modern Family Mitchell wonders whether he unknowingly fathered a child in his "straight" days (R)(HE))

8.00 Raising Hope Jimmy lines up a second job at the grocery store, (R(HD))

8.30 The Simpsons Moe achieves massive success when he turns his pub into a gaybar Gentus (RID-ID)

9.00 Hawali Five-0 Anhaura ipenning

action, gues, girk and furt (RE)

10.00 NCIS: Los Angeles Sam goes unden over as a prisoner (HD)

11.00 House Forestan volunteers to coach Taub before an exam. (R)(HD)

12.00m't Road Wars A dog handler is called to assist in an arrest (PVHD)

7.00 Countryfile

Torright, the exploration and history of the Tharnes Esquary, Bore off!

8.00 Antiques Roadshow Old biddies get ald items valued

9.00 South Riding

Altwoult leaves Richert Facing ruin

10.00 News, Weather

10.25 Outcasts

Cass fears his true identity is about to be revealed. Dight

11.25 The Sky at Night

interested in stars? No, not famous people - the ones up there in the sky. None didn't think to

12.05am Reggie Perrin Reggieleames the bass (R)

12.35 Lead Balloon

Oah we've just heard there's a brand new series of this coming in May! That is pleasing! (R)

8.00 Top Gear

Now the series has come to an end (hoo!), this is a highlights episode.

9.00 Wanders of the Universe

Profiboff Brian Cor punders what it's all about Beer and girls?

10.00 Match of the Day 2

The day's Premier League action, featuring the testy looking matrixes between Livermont and Man United and Wolves in Spun.

11.00 ICC Cricket World Cup Highlights

THE Ball bashing artics with England in South Africa and Incha. vs.livland, both in Group B.

12.00m/t Fast and Loose

Hugh Dennis presents the improvises (smedy show (R)

12.30am Zidane: A 21st Century Portrait

GLE Weint, puricy sports film where 17 cameras track the baloy Frenchman during a match between Real Madrid and Villamest.

8.30 Wild at Heart

Animal-based bobbins

9.30 Dancing on Ice: The Skate Off

Just to ramp up the excitement level, pop the skaters on a thirtice take with sharks uncler the surface. We bet you'd waich that!

10.05 ITV News, Weather

10,20 My Dad's Army The children of servicemen killed in

Alghanistan talk about their losses.

11.20 Premiership **Rugby Union**

Highlights of the weekend's egy-chasing, including Gloucester ve Bath, Exercis Northampion and Leinester of Saranens

12.20am The Zone

7.00 Come Dine with Me

Aloud Yank woman, avegetarian. awsecrations IIJ and a financial achieve cook for each other.

B.00 Civilization: Is the West History?

Aspoddy historian explores how Western divisation came to claminale the world. Dull.

9.00 Country House Rescue

Any words in the title of this show make you think this is going to te worthwooding? Didn't shink so.

10.00 Mr. & Mrs. Smith

TIM Brad Pittand Angelina Jolie are opair of married assassins unassare of one another's real professions - unal they recordered to kill each other it's aleight, too!

12.15am Music on 4: Elbow: Album Chart Show Special

Blowperformsangs from their allow Built a Nortet Boyst

12.45 Album Chart Show Introduces: The Pierces

alect as humicane season starts.(R)

8.00 Royal Navy Caribbean Patrol

9.00 Bulletproof GILL Action comedy starting Damon

Waysins and Adam Sandler as an

undergive cop and a proof who

HM5 Mandwister is put on storm

twarm up to catch a drugs baren.

10,45 Stir Crazy and Office I comesty Harring Gene Wilder and Richard Pryoras two

unfortunates who are thought to be bank robbers #'s really old, but it's really funny, too!

12.55am Cops in Crisis Plodin peri. (R)

Just tell as what you

1.10 Sign Zone: Faulkson Fiction (R) 2.10 Holby City (R) 3.10 Imagine (R) 4.10-6.00am ESC Neva

2.00 BSC News 4.10-4.40am The Super League Show 2.00 tam The Caldism Kid. Spool starring Orlando Elloom 3,30-5,30am ITV Nightscreen

1.00 British Sea Power 1.15 Going Back 2.05 The Fairy Jobmother (R) 3.00 The Family (R) 3.55 Without a Trace (R) 4.40 Resper (R) 5.25-6.10am Countdown (R)

1.10 Casino 4.05 Brian Sewell 4,50-5,00am Animal Resour Sound

Nuts N

7 MARCH MONDAY



Shutter Island

FILM Sky Movies Premiere/HD, 8pm Leonardo Di Caprio investigates an escape from a lunatic asylum. But all is definitely not what it seems in this twisty thriller from Martin Scorsese. ***



Ross Kemp: Extreme World Sky1/HD, 9pm

DOCU Kemp visits Juarez, a drug-smuggling stop-off point fought over by warring cartels. Chilling stuff! ****



Borat Channel 4, 10pm

Sacha Baron Cohen takes his Kazakh TV reporter to the US to confuse, infuriate and generally make fools of Americans, including an unforgettable scene at a rodeo. Utterly brilliant! ****

one

6.00am Breakfast 9.15 Heir Hunters 10.00 Homes Under the Hammer \$1.00 Wheck or Ready? 11.30 Cash in the Altic 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, to the Country 3.00 BBC News. Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 News Programmes, Weather

TWO

6.00am Checkes 7.00 (DBC 8.30 Cheebies 11.35 Meerkat Manor (R) 12.00 noon Daily Politics 12.10pm GMF with George Alegish 1.00 Diagnosis Morder (F) 1.45 To Buy or Not to Buy 2.30 Nature's lop 40 (R) 2.00 Hag Iti 3.45 Helicopter Heroes (R) 4.30 Cash in the Celebrity Attic 5.15 FutYour Maney Where Your Mouth & 6.00 Egglrends (R) 6.30 To Royal Opstairs Downstairs

5.30am (TV News 6.00 Daybreak 8.30 Larraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News Weather 2.00 House Gift 3.00 The Alan Highmard: Show 4.00 Midsomer Minders (R) 5.00 The Chase (R) 6.00 Regional News, Weather 6.30 ITV News

7.40am Everybody Loves Raymond (R) B.65 Feasier (R) B.35 According to Jim (R) 9.05 Supernamy USA 10.00 The Good Wile (R) 10.55 Relocation Phil Down Under IRI 12.00noon Charmel 4 News Summary 12.05pm The IV Book Club 12.30 Desti Deums Along the River 2.05 Cookery School 3.16 Countdown 3.55 Deal or No Deal 5,00 Come Dire with Me (R) 5.30 Coach Trip 6.00 The Simpsons (R) 6.30 Hollycaks

6.00am Wilkshoke 9.15The Whiche Suff \$1.05 Build a New Life. in the Country (R) 12.05pm Meals in Moments (R) 12.10 Five News 12.15 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Variessa Show 3.05 Animal Rescue Squad (R) 3.25 TO Averging Angel: Western stawing Kevin Sorbo 5.00 Five News at S. Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 CK! TV

7pm The Simpsons Marge stimulates the children's interest in history (R)

7.30 The Simpsons The family spend Christmia on a ranch, where ties falls in tave with an older luy. (4)

8.00 Road Wars Officers from Texas deal with armedicarthieves. (R)

9:00 Ross Kemp: Extreme World

The actor hende to the Moricanety of Juane Week. Nes - there was be an easier (CH) Syroda allow object

10.00 A League of Their Own

Jimmy Can and Phil Taylorjoin team captains, Jamie Red knapp and Freddie Filntuff. (R)(HD)

11.00 Inside: Gangs Behind Bars Cameras explore California

State Prison, Sacramento, (R) 12.00m/t Mental

Jack examines a tustionus accident on a building site (HD)

Weather 1.45 Options 2.15 Escape BBC News, Weather 6.30 Regional

7.00 Parents **Under Pressure**

Why raking kids is a nightmane

Challenge

8.00 EastEnders More squalthles in the Square.

7.00 The One Show

Topical twaddle.

Regional rubbish

7.30 Inside Out

8.30 Smoking and the Bandits: Panorama

The criminal trade in smuggled fags.

9.00 Motorway Cops

A thief speeds the wrung way down a motorway. Clearly little more than an attention peaker. (R)

10,00 News, Weather

10.35 Mrs Brown's Boys Agnes womes about Dermot's

choice of best man. We're worried anyone actually cares.

11.05 Late Kick Off

Amount-un of the weekenufs. lower league bory fun.

11.35 The Graham Norton Show Eantable dist. (R)

12.25am The Apprentice USA

The teams promote Donald Trump's new hotel in Vegas.

8.00 University

8.30 Raymond Blanc's Kitchen Secrets

Raymund Blanctumshis attention to by the lighter Baar

9.00 When Teenage Meets Old Age

The young people take their wrinkly new paichome with them.

10.00 Never Mind the Buzzcocks

Rhod Gibert quest hosts the nutty comedy music gutz. (R)

10.30 Newsnight

11.20 ICC Cricket World Cup Highlights

Constitution of Constitution o

12.20am An Island Parish A problem with the femine threatiens the huliday season. Huh? They

actually have atourist industry?(R)

12.50 BBC News

7.00 Emmerdale

Jimmygoes for a walk around the village. It's adrenaline-fuelled stuff!

7.30 Coronation Street Cobbled street rodswallop.

8.00 The Lakes

Accuplementy each other for the second time. Didn't they find the first time stressful enough?

8.30 Coronation Street

More women in haimitty whack their husbands with rolling pins.

9.00 Law & Order: UK

TIM Brooks and Devlin investigate when a former top-flight tootballer Ismuidered in London.

10.00 ITV News, Weather

10.35 New Homes from Hell 2009

Linuxy property disasters, (R)

11.35 River Monsters

Jenerry Wade hunts for the golisth tiger fish. The big form! (R)

12.30am The Zone

7.00 News

7.55 4thought.tv

Debate about Scientology. Oh, con't -you'll only get Tom Cruse started.

B.00 Dispatches: Selling Off Britain

Every hing must gal Including this programmel Hick!

9.00 One Born **Every Minute**

Thematemity wordsuffers a shortage of beds.

10.00 Borat

MINISTER HARMOND WITCHIS Insphrystik Sacha Sales Cohen country regulary in the Store, One of the forested filter, well-pure

11.40 Nacho Libre

Mexicantriar Jack Black adopts a double life as a marked wrestler to raise morey for an orphanage and hopefully impress a beautiful run.

7.00 Five News at 7

7.30 How Do They Do It? Some bloke visits an airline's

engineering facility in Dubai.

8.00 The Gadget Show Ortis Deley reviews the latest must-

have gadget toys. Lucky old Ortis:

9.00 Royal Navy Caribbean Patrol HMS Manchester is in Barbados

when news comes in that a large humicane has hit St Lucia.

10.00 Kill Switch

Wondering where all the Sleven Seagal films have been this week? Wander no more - there's one here. A police detective pursues a pair of sertal killers in Momphis.

11.55 Ultimate Fighting Championship

A thance to see the 2006 welterweight scrap between Matt Hughes and Royce Gracie. ItwasUFCAQ, by the way.

12.55am SuperCasino

Horse Systems (7.30pm (billion) to Unker Say Special C7.30pm Northwolared April 10 1200 1200 1100 folloy house by a destroy of Wednigon Coalds, \$900.

school Sky Sport 7 Dark Bolemak ESPN zam boleskál ESPN

1.05 The Apprentice USA 1.55 Sign Zone: 5/k;(il) 2.55 (magine | P) 3.55 Life in a Cottage Garden with Carol Clerr (1) 4.25-4.00am BBC News

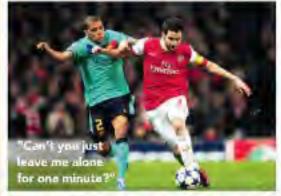
4.00-6.00am BSC tearning Zone

2.35 CETA Champions League Weekly 3.00 The Jeremy tyle Show: Shouty shenonigans. 3.55-5.30am (TV Nightscreen

1.20am Rome Wasn't Builting Day (R) 2.15 Royal Deaths and Diseases (R) 3.10 Codes (R) 4.05 lbe Bible: All listory (R) 5.00 Resper (R) 5.45-6.10am Wogan's Perfect Recall (R)

3.55 Voor Sport 4.05 drain Sewell's Grand Tour (R) 4.50 Nick's Quest (R) 5.10 Whidlie 505 (R) 5.35-6.00am House Doctor (R)

TUESDAY 8 MARCH



Barcelona vs Arsenal

SPORT

Sky Sports 2/HD, 7pm

Crunch time! Arsenal head to

the Nou Camp with a 2-1 lead, keen to show that they, and not their mighty Catalan foes, are the kings of beautiful football. * * * *



CSI Channel 5, 9pm

DRAMA A casino balcony fall's looking suspicious, and not because

he's just put the mortgage on red. Sara also investigates a double murder where the clues don't add up. There's a surprise! ***



TODAY'S

Blue Bloods

DRAMA Sky Atlantic/HD, 10pm The family of NYPD cops

are on the trail of a murderer when three kids die after taking drugs at a party. Entertaining stuff, as always. ★★★

one

6.00am Breskfast 9.15 Heir Humers 10.00 Homes Under the Hammer T1.00 Weed or Ready? 11.30 Cashin the Altis 12.15pm Barpain Harri, (R) 1.00 BBC News. Weather 1.30 Regional News, Westley 1.45 Borto v 2.15 Espain tathe County 3.00 HBC News. Weather, Regional News 3.05 CHEC 5.15 Weekest Link (R) 4.00 HIK News, Westfer 6.30 Regional News Programmes, Weather

6.00am (Seebles 7.00 (EBC 8.30) Cliechies \$1.35 Meerkat Manor (R) 12.00noon Buly Politics 12.30pm GMT with George Nagish 1.00 Diagnosis Murder (R) 1.45 To Buyor Not to Buy 2.30 Nature's lop 40 (R) 2.00 Hog Itl 3.45 Helicopter Heroes (R) 4.30 Crish in the Celebrity Attic 5.15 Put Your Marrey Witere Your Mouth It 6.00 Egglisses (R) 6.36 Royal Upstairs Downstein

5.30am (TV News 6.00 Daybreak 8.30 Lonaine 9.25 The Jeremy Cyle Show 10.30 This Morning 12 30pm Louis Women 1,30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 The Alan Highmarsh Show 4.00 Midsomer Murders: Rubbish cover drama, (R) 5.00 The Chase (R) 6.00 Regional News, Westler 6.30 ITV News

7.15 Freshly Squeezest 7.40 Everybody Loves Raymond (R)B.05 Frasier (R) 8: 35 According to Jim (R) 9.05 Supernarry USA 10.00 The Good Wife (it) 10.55 A Place in the Sur: Home or Away (R) 12.00 noon News 12.05pm Hiver Cottage Bites (R) 12.15 TTT The Lang Memory 2.05 Cookery School 3.10 Countdown: With John Famoir. 3.55 Deal or No Deal 5.00 Come Dine with Me (R) 5.30 Coach Trip 6.00 The Simpsons [R] 6.30 Hollycells:

6.00am Mikshaled 9.15 The Whight Stuff \$1.05 Build a New Life in the Courtry (%) 12 ASam Meds in Moments (R) 12.10 Five News 12.15 House (R) 1.15 Home and Away 1.45 Neighburs 2.15 The Vanessa Show 3.05 like Family Recipe (R) 3.15 (DU) The Royal Scandal: Mystery 5.00 Five News 215 5.30 Neighbours (R) 6.00 Name and Away (R) 6.25 CK! TV

7pm The Simpsons Warge poses for a sery charity calendar (RIHD)

7.30 The Simpsons Mivge is pervision rause of mised mortial arts (RVHD)

8.00 Live to Dance The American vention of Gol to Danie (R)) (D)

9.00 Victoria Wood's Angina Monologues An evening offernale comics.

We'll stick to the likes of Carr and Bishop, thanks (RIO+D)

10.00 Nutty Professor II: The Klumps Comedy sequel starring Edale Murphy in various fait suits, with fart jokes aplemy.

fisautefumy, too (HD)

12.05am Alex Zane's Guest List (R)

12.35 Mental Jadk treats a construction Worker, (RIXHD)

7.00 The One Show Topical nattering.

7.30 EastEnders More Codiney misery.

8,00 Holby City

Frieda encounters a patiera who has a fear of doctors. Just knock him out-Kliallbefine

9.00 Silk

Martha defends a herruger accused of laving sex in public.

10,00 News, Weather

10.35 Neighbourhood Watched

Officers put an end to the antics of two party loving singlements.

11.20 Girls Behind Bars

One of the oldest immoves it. transferred to a halfway house.

12.25am Sign Zone: See Hear IR

12.55 Human Planet

Survival techniques used by people living in grassfands. Ace (PI)

1.55 When Terrage Meets Old Age

Billions (R) 3.55-6.00am BBC News

R)2.55 The Foods That Make

7.00 Wonders

of the Universe The meaning of the world, or something like that, anyway, (9)

8.00 The Hairy Bikers: Mums Know Best

Recipes passed down through generators. life beins on bast?

9.00 Horizon: Predators in your Backyard

Apparently there's a new population of parthers in Florida, Cripes

10.00 How TV Ruined Your Life

Charlie Grooker gets angry.

10.30 Newsnight

11.20 ICC Cricket World **Cup Highlights**

Highlights of the Group A willow-waving ladworm New Zanland and Pakerton

12.20am BBC News

7.00 Emmerdale

Jai confronts Cain and offers him money to stay away from Charity. But we thought you've meant to give to charty? We re-confused.

7.30 Grimefighters

More filth and grime. Con Lwards this while you're having dinner.

8.00 Lion Country

All alast the bings of the jungle.

9.00 Caroline Quentin: A Passage Through India

The only passage through India we're thinking of making is to our local curry house.

10.00 ITV News, Weather

10.35 The Big Tease

Total Cornedy about a Glaswegian hairdresser who travels to LA for the final of a hairdressing competion. Crikey, what we'd do for a JCVD or Seagal film about now.

12.10am The Zone

7.00 News

7.55 4thought.tv

B.00 Gok's Clothes Roadshow

Super-camp bloke dresses women. From the this you'll love Give.

9.00 Heston's Mission Impossible

Heston tries to revolutionise aid ine. hod. Wewereonce on a place when the pilot actually analogised because our meals lacked like on lood, Hmm-big job, Heston!

10.00 Shameless Share's actions cause an outry.

11,05 The Big C

Early catches Adam looking at adult material on the internet. He's a man after pur gwn hearts!

11.45 Facejacker The various incamations of

Phonejucker, Cayvan Novak. (R) 12.15am UK & Ireland

Poker Tour

Card action from the prestigious event in Galway

7.00 Five News at 7

7.30 Extraordinary Dogs The story of a woman with diabetes whose mutican detect when her blood sugar is low. Genius!

8.00 Stansted: The Inside Story

An engineer checks the strip's landing lights. At first, we thought it said an engineer checks the straper's landing strip. Whoops!

MINISTER Amon falls technology from trataine balance. Or streeted

10,00 CSI: Miami

A cereaustakier's body is discovered in the boot of a car. (R)

10.55 CSI: NY

The team links two teemingly unconnected murder: (2)

11.55 CSI Abig cumipular playeris. murdered (R)

12.50am Super Casino

3.55 Your Sport 4.05 Brian Sewell 4.50 lätk's fluest 5.10-5.35am

BACH

1 Choose your download and text the KEYN 2 Download your product, alt back and unjuy

4.66-6.66am BBC Learning Zone

2.15 Crossing Josdan: Oversa. 3.06-5.30am ITV Nightscreen 1.15 World Ski Championships 1.40 Freesparts on 42.10 like Grid 2.35KOTV Baving 3.05 Powerbosting 3.35 4.00am

Britain's Fevourite Yacht Race Wildile SOS

Nuts

9 MARCH WEDNESDAY



Spurs vs AC Milan SPORT ITV1/HD, 7.30pm

Tottenham aim to follow up

a 1-0 win in the San Siro by knocking out the Italians. Sadly, the Champions League's top nutjob, Gattuso, is banned! ***



The Sopranos

DRAMA Sky Atlantic/HD, 9pm
Tony and daughter Meadow

go on a bonding trip to view potential colleges. Touching, until Tony spots a former colleague-turned-snitch. Uh-oh! ***



Sons Of Anarchy

DRAMA Five USA, 10pm Clay and Jax's feud has

escalated, so something's got to give! Chuck, a guy who literally can't stop "selfloving", offers some light relief! ***

one

TWO

A 00am Circles 7.00 CBBC 8.38 (Recities 11.38 Daily Politics 1pm See Hear 1.30 The Hairy Bakers (R) 1.45 To Buy or Not to Buy 2.30 Nature's Top 40 (R) 3.00 Rpg It 3.45 Helicopher Herves (R) 4.30 Cash in the Celebrity Aftic 5.15 Fut Your Maney Where Your Mouth is 6.00 Eggl reads (R)

5.30am (TV News 6.00 Daybrezk 8.30 Larraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12 30pm Loose Women 1.30 ITV News 1.55 Regional News Weather 2.00 House Gift 3.00 The Alan Fildmarsh Show 4.00 Midsomer Murders (R) 5.90 The Chase RI 6.00 Regional News Weather 6.30 ITV News

6.18am The Treade People (9) 6.20 The Hooks (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.05 Frasier (R) 8.15 According to Jim (R) 9.05 Supernarry USA 10.00 The Good Wife (R) 10.55 Country House Resove (R) 12.05 pm (RED) Dresms Along the Mohank 2.05 Cookery School 3.10 Countries 3.55 Deal or No Deal 5,00 Come Dire with Me (R) 5.30 Coach Trip 6.00 The Simpsons (R) 6.30 Hullyoaks

A Dilam Milkshake 9.15 The Whigh Suiff \$1.05 Build a New Life in the Country (Fi) 12.85pm Meals in Moments (R) 12.10 Five News 12.15 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Rough Geide to Otes (R) 3.20 DE Orderd Friends: Suspense theller staming Julie Berg: 5.00 Five News at 5. Weather 5:30 Neighbours (R) 6:00 Home and Away (R) 6.25 OK! TV

Milhouse moves to Capital City with his mother (III) 7.30 The Simpsons Homer's barned from drivings forong Marge to take divinge of the family car. (H) 8.00 Louie Spence's

Showbusiness The dance teacher puts

7pm The Simpsons

logether a reque show in the West End. Three words: Watch, The, Football (HD)

9.00 An Idiot Abroad Karl Pilkington visits Peru, where he falls to impress a local tribe. Acel (B)(III)

10.00 Mad Dogs Saricaded in their villa, the hierods are keen to end their Majorcan nightmare. (R)(HD)

11.00 Ross Kemp: Extreme World

The actor feaths to the Mexican atly of Augrez, (RIVHD)

12.00m/t Drugs Wars: DEA

Group 14 mounts an operation to destroy dope houses.(R)

7.55 4thought.tv

7.00 News

B.00 Beauty and the Beast: Ugly Face of Prejudice

Amake-upartist's obsessions

900 Jamie's Dream School

De-golding egg-whicker Jamie. Oliver peddes discipline with a load of youngsters. Good luck!

10.00 The Model Agency Conflict erupts during Landon Freshion Week, Calfights, eh?

11.05 Shameless Share's actions at a dianty night cause a publicoutory (RI

12.10am Music on 4: **4Music Favourites:** Jessie J

The singer songwitter performs songsfromher debutalisum (R)

12.40 The Album Chart Show Spotlight

12.55 Mercury Prize Sessions

Aperformence by producer and singer Jumes Blake in London. (R)

7.00 Five News at 7

7.30 Starlight: For the Children

Aboy with leukaem ameets John Torode and Gregy Wallace - the judges from MosterChef.

8.00 Cowboy Builders

A family from Bolton with a bungled

hungalow extension (R) 9.00 NCIS

A nummers killed after changing his nelicious permasion.

10:00 Law & Order:

Criminal Intent A former child star is found dead. (R) 10.55 Law & Order:

Special Victims Unit Benson and Stabler investigate a series of ropes. Grim. (R)

Sport 1 7pm Scholle (H) Storals May Search T. 7.30 pm Mary Service M. Vinc. 119 tam McContribution Discomyris Delbriddening ESFN 3.30am N.D. & Nobel 1979

11.55 Poker

Highlightsufareant event involving taid laying, diel noms and even darker glasses.

12,55am SuperCasino

ky Sports I. Arm Lings cray or Horfield, ESPN, Type (3 Say Sports T. Type (id) Sky Sports 2. 2. 20pm Grountingue lonnill, Channel 5 appreciations converted by ESPN

6.00am Breakfast 9.15 Heir Hunters 10:00 Homes Under the Hammer \$1.00 Wheck or Ready? 11.30 Cash in the Afric 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Opctors 2.15 Escape to the Country 3.00 BBC News. Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

7.00 The One Show

Guy Martin tries to get the shower

an his narrowbazi working. It

BRC1's concerned tonight.

8.00 Waterloo Road

mentor Denail is garraine.

9.00 MasterChef

Sam malises Finn's Intention to

Thenine remaining contestants

make more complicated dishes.

10:00 News, Weather

10.35 The National

Fornines are made. Or not.

Lottery Wednesday Night Draws

10.45 Film 2011 with

Claudia Winkleman

Brothers comedy Hall Peus

including a review of new famely.

11.25 The Killing Fields

DO Occowining true day trama about the Intendship of an

Cambodian friend and translator.

American journalist and his

doesn't get much more thrilling

than that Actually that's true where

Topical chatter.

7.30 The Boat

that Guy Built

6.30 Royal Upsters Downstein

7.00 Escape to

in Somerser with an office, five

lead one llama populack. (%)

8.00 Great British

produce back to the nation's

bidlers flat sundefisingly.

9.00 23 Week Babies:

The decisions involved in

reating babies born prematurely.

The Price of Life

10.00 Have I Got

Old News for You

10.30 Newsnight

Cup Highlights

With guest Miranda Hart off

untunnysticam, er, Miranda (II)

11.20 ICC Cricket World

Ferror Shafe Kotla in Delhi, hutia

12.20am Timeshift:

The Modern Age of

Exploring Britons love of coach

journeys in recent years. Really? Are we missing something?

Coach Travel

India vs Netherlands at the

Food Revival

bedrooms, a garage and a pacidock

for raining larner. Good idea - never,

repeat, never buy a house without at

Cooks help to being traditional

microwave free to us. We restored

7.00 Emmerdale the Country Atumly search for a large property

Charity humiliates Cain in the puls. Much, much more importantly though, the loosy starts soon

730 UEFA Champions League

CLUSTED Havy Reknapp's Spars hape to inish the jub they started apprest AC Milan a few weeks age They had 1-0 going into the hat-16 second leg. t links off at 7.45 pm. All the impedients we must be a night in front of the tolly with some bover!

10.00 ITV News, Weather

10.35 UEFA Champions League: Extra Time

Highlights of the latest last-16 second-legities, inducing Spurs vs AC Milanat White Hart Lane and Barrayo Amenal at the Nov Comp.

11,35 Police, Camera, Action!

Bethin Jones investigates the dangers possed by young drivers. (R)

12.30am The Zone

2.30 TimeCop: The Sedio

1.10 Life, Death and Suffer Story 1.20 One Under 1.45 This is Me (R) 1.50 Frantier House |R| 2.45 Without a Trace (R) 3.30 | fill Street Blues (R) 4.20-5:30am Resper(R)

3.55 Vojr Sport(R) 4.05 Brian Sewell's Grand Tour (R) 4.50 Nick's Quest (R) 5.10 Wildife 505 (R) 5.35-6.00am Home Doctor (R)

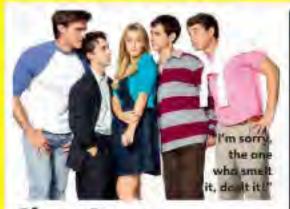
1.45am Sign Zone: Country Tracks: With Helen Shelton (R) 2,46 Toughest Place to Be a Parameris (R) 3.48 The Foods That Make Billions

(#) 4.40-6.00am BSC News

1.20 88C News: The day's headlines 4.00-6.00am BSC Learning Zone

Decision: Sci & thriller sequel 1.55-5.38am (TVNighouseen

THURSDAY 10 MARCH



Glory Daze E4, 9pm

COMEDY More from the '80s-based college campus comedy.

The socially inept new pledges have to get hold of a very specific gift for The Oracle the cue for some amusing high links. ***



The Ricky Gervais Show Channel 4, 11.35pm

COMEDY A second series of animated

ramblings from Ricky, Steve Merchant and oddball Karl Pilkington! ★★★



TODAY'S

MUST-SEE

V PICKS!

Unthinkable

FILM Sky Movies Prem/HD, 12.05am In this classy, post-9/11 thriller, a terrorist claims to have hidden three nuclear bombs. Desperate agents have no option but to use brutal torture. Ouch! ***

one

6.00am Breskfast 9.15 Heir Humers 10.00 Homes Under the Hammer T1.00 Weed or Ready? 11.30 Cashin the Attic 12.15pm Barpain Harri, (R) 1.00 BBC News. Weather 1.30 Regional News, Westfer 1.45 Borto v 2.15 Espare tathe County 3.00 HSC News. Weather, Regional News 3.05 CIEC 5.15 Weekest Link & 00 HIK News, Westfer 6.30 Regional News Programmes, Weather

6am CBechies 7.00 CBBC 8.30 Obeelijes 11,35 Meerkat Manor (R) 12.00noon Bally Politics 12.30pm GMT with Deurge Negich 1.00 Diagnosis Murder (R) 1.45 To Buyor Not to Buy 2.30 Nature's lop 40 (R) 2.00 Hog Itl 3.45 Helicopter Heroes (R) 4.30 Cash in the Celeberty Attic 5.15 Put Your Maney Where Your Mouth It 6.00 Eggliesds (R) 6.36 Royal Upstairs Downstein

The history of animal stuffing.

otherwise known as taxideemy.

8.00 A Farmer's Life

team up for the first time, and

hardly The Apprention, is it?

The would-be farmers are forced to

draftenged to sell dairy products It's

9.00 The British at Work

Circly Young explores British

World War, Good for her, We, on the

other hand, are changing channels.

his are-nun, but it is still alright. [R]

11.20 ICC Cricket World

Sall-diddening between 5ri

working lives since the Second.

10.00 Mock the

10.30 Newsnight

Cup Highlights

Lanka and Dimbaliwe at the

Studium in Kandy Sri Lanka.

This was on earlier. No, ta. (R)

12.20am The

Culture Show

Pallwisle International Ording

Week Again

for Me

5.30am ITV News 6.00 Daybrezk 8.30 Lonaine 9.25 The Jeremy Kyle Show 10.30 This Morning 12 30pm Louse Women 1,30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 The Alan Hickmarsh Show 4.00 Midsomer Minders: Crime drama (RI 5.00) The Chase (R) 6.00 Regional News. Weather 6.30 ITV News

7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.65 Frasier (R) 8.35 According to Jim (R) 9.85 Supernovny USA 10.00 The Good Wife R 10.55 The Restoration Man (R) 12.00 noon News 12.05pm Hiver Cottage Bites (R) 12.15 TO Sea of Sand: Action drama 2.05 Cookery School 3.10 Countiloum 3.55 Deal or No Deal 5.00 Come Dine with Me (R) 5.30 Coach Top 6.00 The Simpsons (R) 6.30 Hellyoaks

6.00am Mikshake! 9.15 The Weight Stuff 11.05 Cowboy Builders (R) 12.05pm Meals in Moments (R) 12.10 Five News 12.15 House IRI 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Rough Guide to Beadles (R) 3.20 (III) Lies and Deception: TheNor staming Midchen Amick and Andrew Walker 5.00 Five News 215. Weather 5.30 Neighbours (6.60) Home and Away (R) 6.25 OK! TV

7.00 Five News at 7

7.30 UEFA Europa

League Football

All the action from a last-to

first-legencounterin European

hathelf's second dish competition.

7pm The Simpsons Marge and Harmer go on a second honeymour. (R)

7.30 The Simpsons Bart separates from his parents and moves intera left. (R)

8.00 Hawaii Five-0 Things get personal for Kurto when her former surfing mentaris shat devid (RIHD)

9,00 Thorne: Sleepyhead Di Tom Thome investigates when three women are murdered.(R)(HD)

10.00 House The medictakes partina school's career fair. (HD)

11.00 NCIS: Los Angeles Sam goes unident over as a prisoner (RIXHD)

12.00m t Miami SWAT The work of the Miami SWAT team. Probably mainly involves

droosing sunglaces, (RXHD)

7.00 The One Show

More random ramblings.

7.30 EastEnders

Shirley faces up to a future withour Phil. Can't help but think you can probably dobeter, love.

8.00 Bang Goes the Winter Weather Special

Using a weather dumber to nenate waity conditions. Or just step outside and bed thereal amiltans? We're perpleyed.

9.00 Comic Relief: Famous, Rich and in the 5lums

The celebrities move in with four families in Kenya, And then they go. hadchome to their rich and knowledges on doubt. Cheaty!

10.00 News, Weather

10.35 Question Time

11.35 This Week Political progr.

12.25am Sign Zone: Smoking and the Bandits: Panorama (%)

12.55 Countryfile Something about the Thames (#)

7.00 Emmerdale 7.00 The Culture Show

Jimmy books an appointment to see a hyprotherapist to help him realise he is not a goat. Maybe:

7.30 Make Your Own School: Tonight Dr. don't?

8.00 Emmerdale

"Imnot a goat. I'm inst a guar." Mc

8.30 Coronation Street

9.00 Monroe

Drama following the professional and personal life of a neurosurgeon apparently.

10.00 ITV News, Weather

10.35 Benidorm

Novembeds in althe Sobnawith herdaughter. Pit

11.35 Send in the Dogs

a runaway migranist. (R)

12.30am The Zone

7.00 News

7.55 4thought.tv

8.00 Relocation, Relocation

People move, get help, ex.

9.00 Love Thy Neighbour

Aleshian couple and a single mathe compete to win a cuttage in Grassington. We know who we're coding for Wall, are they find?

10.00 10 O'Clock Live With David Mitchell, Jimmy Carr.

Charlie Brooker and Lauren Laverne.

11.05 Friday Night Dinner

This was on the other night. It's quite arraising too (R)

11.35 The Ricky Gervals Show

Appropriate commerce detailers using movelings from the Servals policists Karl Planglest's are on it.

12.05am Music on 4: CTRL MX

12.40 On Track With Bombay Bicycle Club. [R]

12.55 On Track (R)

12.20am Super Casino

3.55 Your Sport 4.05 Brian Sewell 5.35-6.00am House Dactor (R)

Cornedy remake starting Adam Sandler and Burt Reynolds, Barely

10.10 The Longest Yard

watchable it is, too. After causing an accident, an American Football quarterback

(Sandler) is sent to prison and is coevered into anching the prismileam.



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1.55 Antiques Roadshow: Old stuff a valued (R) 2.55 The Foods That Make Billions (R) 3.55 Rip Off Britain 4.25-6.00am BBCNews

1.20 BBC News. Hoodlines 4.00-6.00am BBC Learning Zone 2.30 The Jeremy Kyle Show (R) 3.25 Make Your Own School: Tonight (R) 3,50-5,30am ITV Nightscreen

The People's Supermarket 2.55 a Trace (R) 4.30 Resper (R) 5.20-6.05am Countdown (R)

1.16 The Crush: With Kary E. 2.00 Selling Off Britain (R) 3.45 Without

German shephent Riley tracks slown



FASHION



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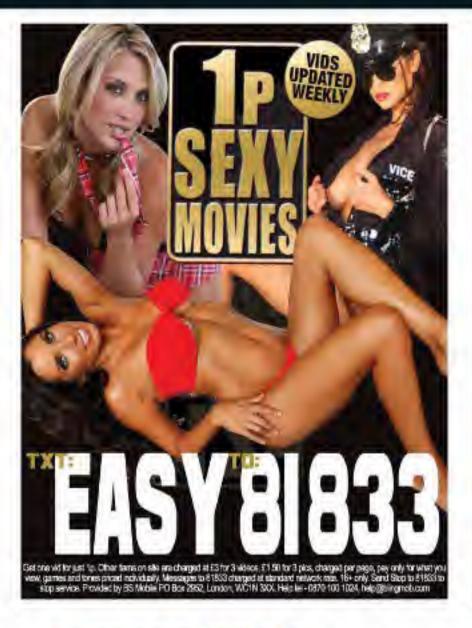


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Nuggets of truth mined from the coalface of Planet Fact



de Formula Rossa rollercoaster in Abu Dhabi's Ferrari World goes from zero to 60mph in two seconds.

If you combine the highest fees paid during the last transfer window in the Dutch, French, German, Italian, Spanish, Portuguese, Russian and Turkish leagues, they total £39.6m - £10.4m less than what Chelsea paid for Fernando Torres.

in 2008, a comflake shaped like the state of Illinois sold on eBay for £900.

In 2008, Art Price Jr of Bellevue, Ohio, was arrested for having sex with a picnic table. He put his penis in the hole designated for the umbrella stand.

in 2004, a Somerfield advert was banned for using the phrase "I've nothing against laguets, I just don't fancy them", despite the act it was referring to meatball.

A British yacht designer has unveiled plans for "The Streets Of Monaco", a vessel including a scaled-down replica of the principality - complete with the Formula One track.

Undertakes Leverton & Sons nave a hermetically-sealed coffin ready in case a Royal Family member dies while abroad

Genuphobia is the fear of knows.

Steven Gerrard is currently 25/1 with 888Sport to be cast in the imminent remake of footballing film Escape To Victory.

> has had 28 different works of fiction published

PUB AMMO ON...

Blumenthal's miniature waiters were cute but ineffective



- Back in medieval times, royal chefs would often place a whole cooked bird on top of a pie to identify its contents.
- Similarly, the Cornish dish of stargazy pie includes fish-heads poking through the crust and "looking" at the stars.
- Every year, Edinburgh's

Joey Barton left his familiar

calling card

Scotch Pie Club holds a World Scotch Pie Championship.

- In Frenchspeaking parts of Canada, cottage pie is called paté chinois, or Chinese pie.
- British Pie Week starts on Monday 7 March. You can find out more info at www. britishpieweek. co.uk



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